

**OFFICE OF THE  
ARIYAGIRI VIPASSANA FOUNDATION  
Arjogiri Hill, Demagiri, Mizoram, India.  
Hqrs: Demagiri Buddhist Temple.**



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**Motto : To See Things As They Really Are**



## Ariyagiri Vipassana Foundation

Is A non-profit organization devoted solely to the dissemination of the Buddha's Dhamma and charitable activities that help in the spread of Buddha-Dhamma around the globe and the alleviation of suffering everywhere. People in this world want to be happy and want to live in peace, but they do not know how to attain it, about 2500 years ago Buddha had found out the way to peace, and his teaching still presence in here, but we need to practice it, how will we practice if we dont know built, this is why we are trying to built Ariyagiri Piyadassi Vipassana Meditation Centre, in which we will try to let people learn and practice dhamma of Buddha. We are trying hard to make happen this true, we got 16 acre of land as donated by a pious donor.

## A Short Introduction



Ven. Suman Jyoty Bhante, a 32 year old Theravada Buddhist monk from Mizoram, a small state in northeastern India, near Indo-Bangladesh Border. He come from a poor Chakma family. After becoming a monk in 2006 he stayed in a meditation center at Bangladesh, learning Vipassana meditation under the guidance of the renowned meditation teacher Ven. Tejabangsha Mahathera . In 2008 Bhante returned to Mizoram to stay in a monastery in the town of Demagiri. He travelled offering discourses and continued his personal practise of meditation during the next few years. It was during this time that he began to form some of the observations that would shape his present plans. The Chakma ethnic group form a Buddhist community in Mizoram, and though many nurture great faith and devotion towards Buddhism, very few have had the opportunity to learn and practise meditation.

He noticed the acute suffering, materially and physiologically of ordinary people with whom he came to contact and he witnessed that there is an immense need or necessity for people to have the chance to make real and lasting contact with living dhamma and to learn how to apply it in their daily lives.



His Discourses managed to arose interest and enthusiasm in the hearers, but he felt sincerely that this was not enough. People require much more substantial knowledge and experience of Vipassana meditation, in order that their lives maybe truly transformed.

With all of this in mind, Bhante began searching around Mizoram for a suitable place where it might be possible to found a meditation center wherein anybody would be welcome to come and learn Vipassana.

Finally he found a wonderful place about 18km far away from Demagiri, Which he himself named Arjogiri Sugh, which means Ariyagiri Hill. It comprises 16 acres of land spread across lush jungle. It offers panoramic views of the beautiful surrounding



mountainous terrain, and it's high altitude means that the climate remains always pleasant and cool; a perfect environment for meditation. After this land was donated to him he moved here in 2017 and have remained here since that time, living in a small Kuti (hut) where he practice Vipassana in solitude. His dream remains to find a meditation center that maybe available for the use of both the nearby community and indeed anyone else from far or wide who might desire to come and learn the dhamma. Unfortunately though the local population graciously donated this land to him they are largely unable to contribute financially.



PANORAMIC VIEW OF THE ARIYAGIRI HILL



Volunteers And Devotees Visited Bhante

He feel more strongly than ever that the practical application of the Buddha's teaching, provides the best means of improving and uplifting the lives of individuals and the wider society life is often a struggle for many of the people of Mizoram, and we are afflicted by many difficulties and social problems particular to a poor, impoverished and predominantly uneducated locality.



Taking all of this into consideration, I on behalf of Bhante Suman Jyoti would like to make a heartfelt appeal for any monetary donation large or small which may go towards the construction of a Vipassana Meditation Retreat center.

With Metta and Goodwill to all living beings.

Upasaka Sudip Chakma  
Fundraiser,  
Ariyagiri Vipassana Foundation,  
Arjogiri Sugh (Ariyagiri Hill), Demagiri, Mizoram, India.

( SUDIP CHAKMA )  
Fundraiser  
Ariyagiri Vipassana Foundation



( VEN. SUMAN JYOTI THERO )  
President  
Ariyagiri Vipassana Foundation

President  
Ariyagiri Vipassana Foundation  
Demagiri Mizoram, India



# Bhante Suman Jyoti Thero

**Founder**  
**Ariyagiri Vipassana Foundation**

Ye Ca Kho Sammadakkhate, Dhamme Dhammanuvattino;  
Te Jana Paramessanti, Maccudheyam Suduttaram.

Those who act rightly, according to the well-expounded Dhamma;  
they will cross the realm of Death, so hard to cross.

-Dhammapada 86, Panditavagga.