



CSF Dordogne Est & Lot invite you to plan a walk for a group of friends any day in September

(keeping numbers to the prevailing
Covid-19 restrictions in place)

**Collect a small donation from
the members of your group
and send it to CSF DELot**

**Take photos of the walk &
send them along
with route details
to us – a walks guide
will be compiled
and made available
online so that you
can enjoy walks
recommended by
fellow friends of CSF**

Find full details of how to join in on the information sheet -

- On our **FaceBook** page -
Cancer Support France – Dordogne Est et Lot
- On our **website** www.dord-est-lot.cancersupportfrance.org or
- Email** delot-president@cancersupportfrance.org

**STEP OUT
FOR CSF IN
SEPTEMBER
WALK YOUR
SOCKS OFF!**

