



# Thirumoolar Varmalogy Institute

## Medical Varmalogy (Varma Chikitsa / Marma Chikitsa)

Varmam in Tamil is the same as Marmam in Malayalam. Both signify flow of vital energy in the body. Junctions of this energy are called varmam points. Varmalogy is a systematic study of varmams in the body. These varmams are located on nerves, nerve joints, bones, muscles, ligaments and internal organs. Each varmam has its own width, height, depth. Proper vibration or tuning of these varmams by experts promotes health.

Varmalogy is an indigenous Indian art. Evidence of this fact is available from as early as 5<sup>th</sup> century A.D. Varmalogy is a well documented science. The original texts on varmalogy are available in Tamil and Malayalam languages, in the form of both palm leaf and paper manuscripts. Varmalogy manuscripts are found under more than 120 different titles, which contain nearly 30,000 verses in all. This is enough material to publish 50 books, each a 1000 pages long.

Varmalogy is connected with various disciplines like Yoga, Therapeutic Massage, Astrology, Psychology, Sociology, Martial Arts, etc.

Medical varmalogy can be used to treat various diseases like nerve disorders, internal organ disorders, arthritis, back pain, diabetes & spinal problems and also bring about improvements in patients with broad spectrum disorders like autism, cerebral palsy, etc.

Unique features of varmalogy are:

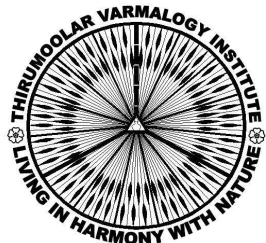
- Medicine-less treatment possible.
- Can also be used in conjunction in other medical treatments – allopathy, siddha, ayurveda, unani, homoeopathy, etc.
- No adverse effects or side effects.
- Low cost of treatment.

During the 3 day workshop, the participants will learn:

- Origin of varmalogy and its basic concepts.
- Location, application methodology and medical benefits of nearly 70 varmam points, with the help of power point presentation with photos and videos.
- Around 10 varmalogy techniques that can be used to revive a person who is unconscious after an injury.
- Varmalogy techniques that can be used to cure day-to-day ailments such as headache, migraine, sinusitis, leg pain, etc.

Workshop participants will be able to directly feel the varmam location and application methodology on their body as the teaching faculties demonstrate on them.

More than 2,500 medical professionals have learnt this art and are using its techniques successfully in their practice.



# **Thirumoolar Varmalogy Institute**

## **Medical Varmalogy**

(Varma Chikitsa / Marma Chikitsa)

### **Workshop Dates:**

4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> April 2014.

Timings: 9.30 A.M to 5.00 P.M.

### **Town:**

**Thiruvananthapuram, Kerala, India.**

Exact venue address will be updated in the website.

### **Course Fees:**

Indian Citizens - Rs.5,500/- (Indian Rupees Five Thousand Only)

Foreign Citizens & NRI - Rs.15,500/- (Indian Rupees Fifteen Thousand Only)

In addition to course content, the above fee includes single vegetarian lunch and tea & snacks twice a day.

Ayurveda Medical Association of India (AMAI) is organizing this program. Additional Rs.500/- will be charged per person towards establishment / arrangement cost by AMAI.

### **Registration Details:**

Step 1: An advance amount of Rs.1,000/- (Indian Rupees One Thousand Only) per participant has to be deposited in the following bank account.

Step 2: Photocopy of the bank deposit challan along with the attached letter has to be sent to our institute.

### **Bank Details:**

Name: Thirumoolar Varmalogy Institute

Bank: ICICI Bank (Branch: Coimbatore – Trichy Road)

IFSC Code: ICIC00000016

Account No: 0016-05-012367

### **Contact Information:**

Contact person from AMAI: Dr. Leena +91-98473-20018

Contact person from TVI: Mr. Ashok +91-94875-64771

To enquire about experience sharing with ayurvedic medical professional who have completed course, contact Dr. Sreejith @ +91-94473-49992, Dr. Rajesh @ +91-94460-63657 and Dr. Jayachandran @ +91-99473-88111.

For any queries, you can also email us at [ThirumoolarVarmalogy@gmail.com](mailto:ThirumoolarVarmalogy@gmail.com)

### **Note:**

- Limited seats (75 only).
- First come, first served based on receipt of your registration letter at our institute.

**From,**

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Town: \_\_\_\_\_

District: \_\_\_\_\_

State: \_\_\_\_\_

PIN Code: \_\_\_\_\_

**To,**

M/s. Thirumoolar Varmalogy Institute,  
No.10-A, Balan Nagar,  
Behind RGP Kalyana Mandapam,  
Kavundampalayam Post,  
Coimbatore – 641030.  
Tamil Nadu, India.

Dear Sir,

Sub: Registration for Medical Varmalogy Workshop – Bank deposit details – reg.

Herewith, we wish to inform that we like to attend the Medical Varmalogy Workshop and the deposit details are as follows:

Workshop to be conducted at: \_\_\_\_\_

Workshop Dates: \_\_\_\_\_

Amount Deposited: Rs. \_\_\_\_\_ Deposited on (Date): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Deposited at ICICI Branch: \_\_\_\_\_

Mode of payment: Cash / Cheque / Demand Draft / Online

No.	Participant Name	Place	Mobile
1.			
2.			
3.			
4.			
5.			

Kind Regards,

(Signature)

**Attachment:** Photocopy of the bank challan.

**Bank Details:**

Name: Thirumoolar Varmalogy Institute

Bank: ICICI Bank

IFSC Code: ICIC0000016

Branch: Coimbatore – Trichy Road

Account No: 0016-05-012367