

International Conference on Medical Varmalogy

VETHA SATTHI 2012

12th & 13th May 2012

Coimbatore, Tamil Nadu.



Organised by



ARTS RESEARCH INSTITUTE

Coimbatore, Tamil Nadu, India.

www.vethasatthi.in

Dear Friends,

It gives us great pleasure to inform you that the world's first International Conference on Medical Varmalogy named "Vethasatthi 2012" is being organised in Coimbatore City on 12-13 May 2012.

'Varmam' denotes the subtle energy that circulates in the human body, performing an amazing array of vital physical and mental functions. It has been well understood and used to heal people in the South Indian state of Tamil Nadu, since at least the 5th Century A.D. 'Vethasatthi' is another name of 'Varmam'.

The conference is being organised to bring to the world stage this hitherto hidden knowledge, to showcase the results obtained by modern-day registered medical practitioners using this science and to give you a first-hand taste of some of its techniques, through demonstrations by highly skilled experts.

On behalf of the Organising Committee, we would like to extend you a warm Indian invitation to participate in this unique event and experience this traditional Indian medical system at close quarters.

We look forward to welcoming you in Coimbatore in May 2012,

Organising Committee

vetha satthi 2012
VETHA SATTHI 2012

Varmalogy

Varmalogy is one of India's ancient systems of medicine. The word 'varmam' denotes 'energy flow in the body' also known as 'life energy'. The places where this energy resides in the body are identified as varmam points. The basic objective of the varmam system of medicine is to stimulate these points using palms, fingers, etc., to cure diseases.

Varmalogy has been practised successfully in the Southern Part of India for centuries. It has produced results ranging from promising to astonishing, across a wide spectrum of diseases and disorders. Medical professionals who practise Varmalogy have treated hundreds of patients successfully and they will present their findings, along with the supporting laboratory investigations, at the International Conference.

Varmam Works

Ancient Indian
Medical System

Varmalogy is based on written texts, the earliest of which date back to the B.C. era; over 120 titles are found, mostly in the Tamil language. Most of the available texts are in the form of manuscripts. Written evidence of the clinical practice of Varmalogy is available from as early as the 5th century A.D.

During the British occupation of India, several indigenous sciences went underground, to escape persecution. Varmalogy did too, but survived and flourished through several traditional lineages in the deep south of Tamil Nadu, India. It is now undergoing an active, scientific, modern-day revival in public practice, through institutions like Arts Research Institute.

Why Has the World Not Heard Much About It?

Uniqueness of Varmalogy

- Minimal costs for results achieved, often with no medicines needed
- No side effects or adverse effects documented.
- Also works well in conjunction with other systems of medicine, like Allopathy, Ayurveda, Homeopathy, Naturopathy, Siddha and Unani.
- Holistic system that includes disease prevention.
- Promotes effective life-style management.

International Conference on Varmalogy - Main Attractions

- Qualified Medical Practitioners will present 27 research papers on the efficacy of varmam treatment, done along with other treatment protocols or exclusively, in various disease conditions.
- 7 Lead Paper sessions will be conducted by Prof. Dr. N. Shunmugom (Varmam Expert & Researcher) and his senior students.

Live demonstrations of a few Varmam treatment and massage techniques will be done by Prof. Dr. N. Shunmugom and his senior students

- Poster presentations will be put up by medical students.
- Ample opportunity will be provided for one-on-one interaction with medical professionals practising varmam.

Conference Languages

Paper presentations will be in English, with the interpretation of Tamil texts. Interactive sessions will be in English and Tamil.

Arts Research Institute (ARI)

A registered charitable trust based in Coimbatore, Tamilnadu, India, Arts Research Institute is organising the first International Conference on Varmalogy. It has been spreading the science of varmam in India since 2005.

Nearly 2000 registered medical practitioners, across different systems of medicine, have learnt Varmalogy through ARI and are serving the public today.

ARI has 21 treatment centres across India –17 in the state of Tamil Nadu and one each in Pondicherry, Karnataka, Andhra Pradesh and New Delhi. There are 75 doctors across various

disciplines, who serve patients at these centres. 300 volunteers serve alongside them. Nearly three thousand people receive varmam treatment each month through our Institute. It is noteworthy that treatments are conducted under the supervision of registered medical practitioners, who have government recognition to practise medicine.

ARI undertakes varmam research and teaching in collaboration with DRDO-India, Department of Indian Medicine and Homeopathy, Government of Tamil Nadu, Chennai and Sports Ayurvedic Research Cell, Government of Kerala.

ARI also conducts free training programmes periodically for parents and care-takers of special children. The first phase of such programmes has covered southern India (Tamil Nadu and the neighbouring states).

Conference Objectives

- To expand the reach of varmam medicine, closely bound to the Tamil language till date, and make it accessible to all.
- To create an interactive platform for the medical professionals across the world to learn and practise medical Varmalogy and to experience its true potential and achievements.
- To encourage research and development in India's Medical Varmalogy and to develop it as a universally accepted medical science.
- To show the medical professionals how they can combine varmam with their systems of medicine to get better clinical results.

Lead Papers

Topic	Author
Medical Varmalogy –Theories & Concepts	Dr. N. Shunmugom, Ph.D.(Tamil)
Ancient varmam science in modern Sports Medicine	Dr. S. Yoganathan, M.S.(Ortho)
Uyir Maruthuvam	Dr. N. Abdul Azees M.D.(Siddha)
The basic principles and clinical importance of Idakalai, Pingkalai and Suzhumunai Naadi as per varmam theory	Dr. R. Shailaja, B.S.M.S.
Anatomy in varmam literature: An ancient Tamil science	Dr. N.Venkatappan, M.D.(Siddha)
Ergonomics in varmam therapy	Mr. C. Manoharan, M.E.
Abana vayvu - Treatment and health promotion as per varmam theory	Mr. Suresh K Manoharan, B.E.

Conference Papers

The papers that are to be presented in "Vethasatthi 2012" are as follows :

Topic	Author
Efficacy and clinical assessment of varmam therapy on Anju Nirai Enbu Isangal (Cervical Spondylosis).	Dr. S. Sugunthan, B.S.M.S.
Medical Varmalogy for the management of Cervical Spondylosis with Disc herniation.	Dr. K. Raman, B.A.M.S.
Therapeutic effects of varmam Therapy in the management of Lumbar Spondylosis.	Dr. Lakshmi Venkatesan, M.B.B.S., D.H.M. Singapore.
Pooraga Ell Visai Maaral (Lumbar Disc Disease) – A case study.	K. Elavarasan, B.S.M.S.(CRR)
Effect of varmam Therapy in the management of Mootu Kannisaivu Pisagal (Primary Osteo Arthritis).	Dr. S. B. Leela Maheswari, B.S.M.S.
Varmam Therapy to improve mobility in peri-arthritis of shoulder.	Dr. S. Siva Jothi, M.D.(Ay)
Baby's first cry, a prognostic study by varmam therapy.	Dr. Deiva Priyananth, M.B.B.S., D.C.H., FIG.
Evaluation of varmam therapy in the management of Special Children.	Dr. R. Shailaja, B.S.M.S.
Pneumo-Neuro-Linguistics – A pioneering approach with varmam in the management of Speech Disorders.	Dr. N.Venkatappan, M.D.(Siddha)
Efficacy of varmam therapy in the management of Chronic Renal Failure.	Dr. P. Bharathi, B.S.M.S., Ph.D.
Therapeutic effects of varmam therapy in the management of Urinary Incontinence.	Dr.T. Porselvi, M.D.(Siddha)
Therapeutic effects of varmam therapy in the management of Chronic Sinusitis.	Dr. K. Kamalakkannan, B.S.M.S.
Evaluation of varmam therapy in the management of Swasa Kasam (Bronchial Asthma) and to study SPO2 saturation .	Dr. S. Suresh, M.D.(Siddha).
Therapeutic effects of varmam therapy in the management of Malayaneer Bedham (Diabetes Mellitus).	Dr. N. Abdul Azees, M.D.(Siddha)
Stability of varmam therapy in the management of Aplastic Anemia – Review of a case study presented in the 1st National Conference on Varmalogy 2008.	Dr. N. Jeyasankar, M.D.(Siddha)
Effect of varmam therapy on haemoglobin concentration in Anemic patients.	Dr. K. Jayanthi, B.S.M.S.
Effect of varmam therapy in improving the motor ability in Erb's Paralysis.	Dr. N. Jeevanand, B.A.M.S.
Efficacy of varmam therapy in Muga Vadham (Facial Palsy).	Dr. R. Balaji, B.H.M.S., M.Sc.(Psy)
Management of IVDP with foot drop by varmam therapy along with Ayurvedic concepts.	Dr. S. Mahesh Kumar B.A.M.S.
Management of Paraplegia with Neurogenic bladder following spinal cord injury using Marma Therapy along with Ayurvedic concepts.	Dr. Mathew K. Sam B.A.M.S., M.D.(Ay)
Evaluation of therapeutic effect of varmam therapy with Agni Karma.	Dr. S. Rajesh B.A.M.S., M.D.(Ay)
Efficacy of varmam therapy in Essential Hypertension.	Dr. K. Malliga, M.D.(Siddha)
Clinical study of varmam therapy for Orbital Tumour.	Dr. B. S. Indhumathy, M.D.(Siddha)
Evaluation of varmam therapy in the management of Headache.	Dr. E. Asai thambi M.D.(Siddha), P.G.D.Y.
Significance of varmam pulse reading in Sonology	Dr.V.Charumathi, M.B.B.S.,(Sonologist)
Measures to improve the safety and quality of varmam therapy.	Dr. Eugiene Wilson, M.D.(Siddha)
Role of Varmam Therapy in the regulation of Tridhosa by Ayurvedic concepts.	Dr. A. Mohamad Saleem., B.A.M.S., M.Sc.(Psy)

Participation Criteria

If you reside in India, and wish to participate, you should ...

1. Either have a recognized medical degree, like B.S.M.S / B.A.M.S / B.H.M.S / M.B.B.S / Para Medical qualification such as B.P.T / B.O.T or an international equivalent.

OR

2. Be studying medicine. (Students are requested to submit a bona fide certificate from their college / university and a copy of their identity card along with the completed registration form.)

People residing outside India and interested in the subject, are welcome to participate even if they do not meet the above criteria. This exception is being made to promote awareness of Varmalogy worldwide.

The registration fees for Vethasatthi 2012 (inclusive of all applicable taxes) are as follows

Nationality	Residence	Category	Fees
Indian	India	Medical Professionals	Rs.2,500
Indian	India	Post Graduate Medical Students	Rs.2,500
Indian	India	Under Graduate Medical Students	Rs.1,500
---	Outside India	---	US \$125

Registration Fees

MODE OF PAYMENT

For Resident Indians, we accept only demand draft (DD) as mode of payment. For people residing outside India, we accept only online payment, through our website.

DEMAND DRAFT DETAILS

The demand draft should be payable to **"Thirumoolar Events Management"**, payable at Coimbatore, Tamil Nadu.

SCHEDULE DATES

Last date for receiving the applications	15 Feb 2012
Date of intimation regarding selection	1 Mar 2012

Hon. Advisors

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Only Registered Participants May Attend The Conference.