# **Thirumoolar Varmalogy Institute**



# <u>Medical Varmalogy</u> (Varma Chikitsa / Marma Chikitsa)

Varmam in Tamil is the same as Marmam in Malayalam. Both signify flow of vital energy in the body. Junctions of this energy are called varmam points. Varmalogy is a systematic study of varmams in the body. These varmams are located on nerves, nerve joints, bones, muscles, ligaments and internal organs. Each varmam has its own width, height, depth. Proper vibration or tuning of these varmams by experts promotes health.

Varmalogy is an indigenous Indian art, as evident from literatures available from as early as 5<sup>th</sup> century A.D. Varmalogy is a well documented science. The original texts on varmalogy are available in Tamil and Malayalam languages, in the form of palm leaf and paper manuscripts containing nearly 30,000 verses. Till date, recovered varmalogy manuscripts are found under 120 different titles, containing enough material to publish 50 books of 1,000 pages each.

Varmalogy is connected with various disciplines like Ayurveda, Siddha, Yoga, Therapeutic Massage, Astrology, Psychology, Sociology, Martial Arts (Kalari Payattu), etc.

Medical varmalogy can be used to treat various diseases like that of the nervous system and other organ systems, vertebral and joint diseases, diabetes, etc. It can bring clinical improvements even in genetic and congenital diseases like autism, cerebral palsy, etc.

## Unique features of varmalogy are:

- Medicine-less treatment.
- Can be used in conjunction in other medical treatments and medical systems.
- No adverse effects or side effects.
- Cost effective.
- Minimum time spent by the clinician to administer the therapy.
- No extra infrastructure required to practice.

During the 3 day workshop, the participants will learn:

- Origin of varmalogy and its basic concepts.
- Location, application methodology and medical benefits of nearly 70 varmam points, with the help of power point presentation with photos and videos.
- Around 10 varmalogy techniques that can be used to revive a person who is unconscious after an injury.
- Varmalogy techniques that can be used to cure day-to-day ailments such as headache, migraine, sinusitis, leg pain, etc.

Workshop participants will be given the opportunity to feel the varmam location in their body directly, as the teaching faculty shall individually demonstrate the application methodology by applying on participant's body.

More than 3,500 medical professionals have learnt this art and are using its techniques successfully in their practice.



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## Workshop Dates:

8<sup>th</sup>, 9<sup>th</sup> and 10<sup>th</sup> July, 2016. Timings: 9.00 A.M to 5.00 P.M.

## Venue:

Ari Vaagai, No. 10-A, Balan Nagar, R.G.P. Kalyana Mandapam Backside, Kavundampalayam, **Coimbatore**, Tamil Nadu.

## Course Fees:

Indian Citizens- Rs.6,000/- (Indian Rupees Six Thousand Only)Foreign Citizens & NRI- Rs.12,000/- (Indian Rupees Twelve Thousand Only)In addition to course content, the above fee includes tea and snacks twice a day.

For first 30 participants who register with us along with full advance payment, shared accommodation will be provided free of cost. Accommodation will be very basic in nature, but will be neat and clean. Separate accommodation will be provided for gents and ladies.

#### **Registration Details:**

Step 1: Entire course fees have to be deposited in the following bank account. Step 2: Photocopy of the bank deposit challan along with the attached registration form has to be sent to our institute, either send through post or scanned copy can be sent through email at ThirumoolarVarmalogy@gmail.com

#### **Bank Details:**

Name:	Thirumoolar Varmalogy Institute
Bank:	ICICI Bank (Branch: Coimbatore – Trichy Road)
IFSC Code:	ICIC0000016
Account No:	0016-05-012367

#### **Contact Information:**

Mr. Kathiravan	+91-94422-39293
Mr. Manoharan	+91-94422-59293

To enquire about experience sharing with ayurvedic medical professionals who have completed course, contact Dr. Sreejith @ +91-94473-49992, Dr. Rajesh @ +91-94460-63657 and Dr. Jayachandran @ +91-99473-88111.

For any queries, you can also email us at ThirumoolarVarmalogy@gmail.com

From, Name:			Date: / /			
Address:				Mobile:		
				Email:		
Town:	C		District:			
State:		PIN Code:				
То,						
M/s. Thirumoolar Varmalogy Ir	istitute,	Email: ThirumoolarVarmalogy@gmail.com				
No.10-I, Balan Nagar, Behind RGP Marriage Hall,			web: Mobile	www.varmam.org	5	
Kavundampalayam Post,		+91-94422-39293				
Coimbatore – 641030.				422-49293		
Tamil Nadu, India.						
Dear Sir,						
Sub: Registration for M	edical Varmal	ogy Worksh	op – Ba	ank deposit details	– reg.	
Herewith, we wish to inform deposit details are as follows:					·	
Workshop to be conducted at:						
Workshop Dates:						
Amount Deposited:		Deposited on (Date): / /				
Deposited at ICICI Branch:						
Iode of payment:     Cash / Cheque / Demand Draft / Online						
Participant Name		Sex		Place	Mobile	

Kind Regards,

No. 1. 2. 3. 4. 5.

(Signature)

Attachment: Photocopy of the bank challan.

#### **Bank Details:**

Name:	Thirumoolar Varmalogy Institute				
Bank:	ICICI Bank	IFSC Code:	ICIC0000016		
Branch:	Coimbatore – Trichy Road	Account No:	0016-05-012367		

\* Registration form can be either send through post or scanned copy can be sent through email.
\* Original bank challan or printout of online transfer has to be shown on the first day of the

workshop during registration process.