

First Unitarian Universalist Church of San Diego, 2015

B u i l d i n g S a c r e d G r o u n d

Facilitated by ministers, staff & lay leaders, Building Sacred Ground is an experiential 4 session program to help people explore Unitarian Universalism, share personal foundations of faith, and get to know a small group of people very well. The series ends with a private tea with ministers where you have a chance to visit, socialize and dialogue. This series is appropriate for newcomers *and* longtime UUs. It is strongly suggested for those in the process of becoming members. By attending these sessions, you will become more deeply involved in church life and have a better understanding of your place in our faith movement.

Limited Space. Sign up now!

For more information: suzette@firstuusandiego.org or (619) 398-4436

The Sessions

Building Sacred Ground Session One:

UU 101—Our Foundations

This dynamic, intriguing session reviews Unitarian Universalist European and American history; our Unitarian and Universalist theologies; and our practices of worship, education, social justice, pastoral care, and community.

Building Sacred Ground Session Two:

Sharing Our Journeys

Participants will build sacred space, and begin to build personal community. Engaging and thoughtful activities will help participants reflect on their spiritual lives, spiritual development and future spiritual explorations.

Building Sacred Ground Session Three:

Getting Involved

Joined by church lay leaders, this activity-based session will explore the rich array of church projects and groups. Participants will gain a sense of how to nurture their spiritual lives, explore personal gifts and find ways to engage in the broader community.

Building Sacred Ground Session Four:

Tea with a Minister

The group has now bonded and participants are invited share casual social time with the ministers in an intimate setting. Ministers will respond to the questions that have been gathered throughout the previous sessions.

Participants must attend all four sessions in the series they sign up for.

Spring, 2015

- Saturday, April 11 from 10am to 11:30am
- Sunday, April 12, from 9:30am to 11:00am
- Saturday, April 18, from 10am to 11:30am
- Sunday, April 19, from 1pm to 2:30pm

Summer, 2015

- Saturday, July 11 from 10am to 11:30am
- Sunday, July 12, from 9:30am to 11:00am
- Saturday, July 18, from 10am to 11:30am
- Sunday, July 19, from 1pm to 2:30pm

Fall, 2015

- Saturday, October 10 from 10am to 11:30am
- Sunday, October 11, from 9:30am to 11:00am
- Saturday, October 17, from 10am to 11:30am
- Sunday, October 18, from 1pm to 2:30pm

All sessions will be held in Rm. 323 (the big room upstairs in the Welcome Center) except the very last session in each series which runs from 1pm to 2:30pm. This will be held in the Common Room (Rm. 115).

To register for Building Sacred Ground, please contact Chris at 619.298.9978 or email chris@firstuusandiego.org