



Grace Center

For Adult Day Services

4th Annual Aging Summit



JOIN US VIRTUALLY!
SATURDAY, SEPTEMBER 10TH, 2022

8:30am - 12:30pm PST

Please register at
[www.gracecenter-corvallis.org/
events/agingsummit2022/](http://www.gracecenter-corvallis.org/events/agingsummit2022/)

GUEST SPEAKERS



Joyce Beedle, RN, BSN - Alzheimer's Consulting Service

Joyce is one of the pioneers of compassionate Alzheimer's care. She has over 40 years of professional "hands-on" experience as well as decades of personal caregiving experience. Her family caregiving has included care for her grandmother, then her mother, and most recently her father. Currently, Joyce does dementia care consulting in Memory Care homes and with family caregivers. She is the author of *The Carebook: A Workbook for Caregiver Peace of Mind* and has been a consultant for numerous videos and books. Joyce graduated from the University of Arizona in 1978 earning a Bachelor's of Science in Nursing.

"Dementia & Alzheimer's: Bring Your Questions!!"

Joyce will share about treatable dementias; the ones we can fix (Yup we can!). She will also answer your questions regarding daily care and making sense of what is happening.



Paula Hunt, PT, DPT- Clinical Director

Paula has been a therapist for over three decades and continues to be inspired by the body's ability to heal with the right support and training. It is her passion to help individuals understand how to recover and care for their bodies. "People are so powerful in their ability to gain healthier bodies given the right conditions. It has been my immense joy to help people realize their strength."

Paula's career has allowed her to work in a variety of settings, developing a wide breadth of skills to bring to her practice. She enjoys treating patients with neurologic and balance disorders, dizziness and vestibular conditions, orthopedic surgeries, and a variety of injuries.

"Age and Ability - Don't fear the Curbs"

Explore the reasons for loss of balance and falls, identify risk factors, and learn exercises and activities to maintain and restore balance.

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