



965 Massachusetts Avenue  
Boston, MA 02118



Visit us online at [www.vpi.org](http://www.vpi.org)

## Urban Transplants

### Seedlings for Urban Gardeners

*Unique varieties of seedlings, grown locally and sustainably, at ReVision Urban Farm.*



***We have selected the best tasting and easiest to grow varieties of vegetables to get your garden off to a great start. Our seedlings are grown using only sustainable growing practices and natural fertilizers and pest controls. We never use genetically modified seeds and we only use untreated seeds.***

Seedling order forms are due by Monday, February 27, 2012

Transplant Pick-up Date: Saturday, May 19, 2012  
From 9am to 3pm at 38 Fabyan Street, Dorchester, MA 02124

Tel: 617.822.FARM

Fax: 617.541.0094

[www.vpi.org](http://www.vpi.org)



## Vegetables, \$3.50 six-pack

- **Broccoli, *Gypsy* (58 days)**. Well-domed, uniform heads with medium to small head size. Very heat tolerant and resistant to downy mildew. Strong root system makes it ideal for low nitrogen levels.
- **Brussels Sprouts, *Diablo* (110 days)**. Excellent quality sprouts hold well in your garden. Cold tolerant for late crops.
- **Cabbage, *Red Express* (63 days)**. Early red, 2-4 lb, with good flavor.
- **Cabbage, *Farao* (64 days)**. Early green, 3-lb, split resistant. Delicious, tender, thin leaves.
- **Cabbage, *Napa Minuet* (57 Days)**. Small variety produces 9" x 7" heads. Light, sweet taste, slow to bolt.
- **Cauliflower, *Fremont* (62 days)**. Dependable variety, adaptable to different soils and weather, self-blanching.
- **Celery, *Tango* (80 days)**. Vigorous, tender celery with good flavor. Performs well under less-than-ideal growing conditions such as heat or moisture stress.
- **Collard Greens, *Flash* (55 days)**. Smooth leaf shape. Offers repeated harvests of dark green leaves.
- **Cucumber, *Little Leaf Pickling* (57 days)**. This disease-resistant and stress-tolerant strain yields medium-length fruits that are good for fresh eating and also pickle well.
- **Cucumber, *Marketmore 97* (58 days)**. Beautiful dark green. Pick at 8-9 inches long. Can withstand considerable weather stress.
- **Eggplant, *Galine* (65 days)**. High-yielding, strong plants produce early, Black Bell-type fruits.
- **Kale, *Winterbor* (60 days)**. Greater yield and better cold hardiness than competitive varieties. Regrows vigorously for successive harvests.
- **Lettuce, *Magenta* (48 days)**. Red firm frilly leaves. This is a "summer crisp" variety that is slow to bolt.
- **Lettuce, *Nevada* (48 days)**. Bright green leaves form an upright whorl. Another "summer crisp," slow to bolt.
- **Lettuce, *Adriana* (48 days)**. Green, dark green butterhead. Resists tip burn and bolting.
- **Melon – Watermelon, *Sugar Baby* (76 days)**. Small, nine pound fruit with red flesh and dark green rind.
- **Okra, *Clemson Spineless* (60 days)**. Light green pods. The standard variety grown in the South.
- **Pak Choi, *Joi choi* (45 days)**. Broad white stems, compact plants are exceptionally resistant to bolting.
- **Pepper – Bell, *King of the North* (59 days green, 79 days red ripe)**. Plants bear blocky, uniform fruits. Adapted to northern regions.

## Resources for Boston Gardeners

**Soil Test** Before you plant, test the soil where your garden will be. U. Mass Amherst offers soil tests through the mail. You can find the brochure online: go to [umass.edu/soiltest](http://umass.edu/soiltest) and click on "Online Brochure and Order Form." With their "Standard Soil Test" you can find out vital information about nutrient levels, pH levels, and lead levels in your soil. Just follow the simple instructions included in the brochure. Your test results will also include recommendations about amendments to ensure good growing conditions. If you find that your soil has high levels of lead, consider growing in a raised bed. Anyone growing in the city should consider the "Good Gardening Practices for Urban Soils," described below, developed for the Boston Natural Areas Network by the Boston University School of Public Health, Department of Environmental Health.

**Good Gardening Practices:** \* Wear gloves while gardening \* Wash hands after gardening and before eating \* Wash and scrub vegetables before eating or cooking \* Change gardening shoes before entering home so as not to track excessive dirt indoors \* Don't let children eat soil \* Add organic matter to soil, such as compost \* Till soil only to a depth of 6" - 8" \* Avoid deep digging or double digging \* Use mulch to lessen splashing of soil onto plants \* Do not use railroad ties or pressure treated (CCA) wood \*

**Backyard Gardens** Do you have some space at your house, housing development, or apartment building for a garden? Through its "Build-a-Garden" program, The Food Project offers community residents the opportunity to grow their own food in containers and raised beds. For more information or to apply, visit [thefoodproject.org/build-a-garden](http://thefoodproject.org/build-a-garden) or call (617) 442 - 1322 x12.

**Community Gardens** No space to grow at home, or interested in growing alongside your neighbors? There are community gardens throughout Boston. You can find one near you and get information about how to contact garden coordinators with help from the Boston Natural Areas Network: visit [bostonnatural.org/cgFind.htm](http://bostonnatural.org/cgFind.htm) or call them at (617) 542 - 7696.

**Home Composting Systems** There are a few different ways to have your own homemade compost from kitchen scraps and plant matter from the garden. If you have some space outdoors, try a compost bin. The "Earth Machine" and the "New Age Composter" are two brands of compost bins that are easy to assemble and are rodent-resistant. These bins are available for purchase at the Boston Building Materials Co-op, 100 Terrace Street, Mission Hill, (617) 442 - 2262. No space outdoors? Try an indoor worm bin. The book *Worms Eat my Garbage* by Mary Applehof is a great resource for how to build and maintain one of these bins.

**Gardening Workshops and Tips** The Boston Natural Areas Network is a great resource for the "how-to's" of gardening. They offer workshops on a variety of different topics in their summer-long series "Seed, Sow, and Grow." They also offer courses for home and community gardeners, the "Master Urban Gardener" and "Master Urban Gardener at Home." A list of tips and resources is maintained on their website. To learn more, visit [bostonnatural.org](http://bostonnatural.org) or contact (617) 542 - 7696.



## Victory Programs' ReVision Urban Farm

**Victory Programs' ReVision Urban Farm**, located in the Dorchester neighborhood of Boston, works in conjunction with our ReVision Family Home, a long-term shelter for 22 homeless parents and their young children. Victory Programs' Urban Farm is an innovative agriculture project aimed at increasing access to affordable, nutritious, culturally appropriate food for shelter residents and residents of the surrounding community, while providing job training for Boston area youth. This unique program is just one of many that Victory Programs operates throughout Boston and Cambridge to address homelessness and provide safe places for people to stabilize their lives.

Victory Programs' ReVision Urban Farm is dedicated to environmentally, economically, and socially sustainable urban agriculture. On our farm we grow a variety of food crops on two reclaimed urban lots totaling approximately one-half acre of growing space. Our solar greenhouses extend the growing season and enable us to grow seedlings for community gardeners throughout the region.



In 2010, Victory Programs opened our **Farm Stand**, located at 1062 Blue Hill Ave in Dorchester, MA. The farm stand is open from July - October and will again offer a wide variety of locally grown produce and other farm products at very affordable prices. Victory Programs' farm stand makes healthy food options available to a community that has limited access to freshly grown produce.

**Community Supported Agriculture (CSA)** brings the consumer into a direct relationship with the grower through the sale of produce to members of the community. Subscribers to Victory Programs' CSA buy into a share of our harvest each week from June through October. This commitment allows us to grow produce with confidence, knowing the crops have been purchased by people who care about the health of the land and their community.

To make our CSA as great as it can be, Victory Programs and our Urban Farm have joined forces with other area farms and together we grow and distribute vegetables to families in the greater Boston area. We also offer subsidized shares for low-income families living in Mattapan and Dorchester.

### Job Training/Volunteerism

Through our Urban Farm, Victory Programs provides a wide variety of job-training opportunities to area youth and others in the community. Our summer youth program employs young people from the farm's neighborhood to work with us in our fields and markets. The farm also works with interns from the ReVision Family Home shelter in our job-training program and hosts hundreds of volunteers throughout the year.

- **Pumpkin, *Charisma Field* (98 days)**. This pumpkin produces blocky, round, medium-sized fruit with tough green handles, 16 to 22 lbs.
- **Summer Squash- *Patty Pan Sunburst* (52 days)**. A tender variety with bright yellow skin and a round, scalloped shape.
- **Summer Squash- *Yellow Slick Pik* (48 days)**. Yellow, cylindrical fruits with good flavor.
- **Summer Squash- *Zucchini, Plato* (48 days)**. Deep green and cylindrical with good disease resistance.
- **Summer Squash- *Zucchini, Costata Romanesco* (52 days)**. Italian variety, prominently ribbed with a gray-green color.
- **Swiss Chard, *Bright Lights* (55 days)**. Slightly savoyed, bronze or green leaves with stems of many colors including white, pink, and gold.
- **Winter Squash, *Delicata* (100 days)**. Sweet, cream-colored, 7-9" long fruits with dark green longitudinal stripes. Avg. yield 5-7 fruits / plant.
- **Winter Squash, *Waltham Butternut* (105 days)**. Most widely grown butternut. It has huge fruits with creamy flesh, and long storage life.

## Annual Herbs, \$3.50 six-pack

- **Basil, *Genovese* (68 days)**. Classic Italian basil with uniform growth.
- **Basil, *Sweet Thai* (59 days)**. Green leaves with a spicy anise-clove flavor.
- **Cilantro (30-65 days)**. Pick or cut stems, leaving behind the youngest growth, and the plant will continue to produce. Allow it to go to seed and you've got coriander!
- **Dill, *Bouquet* (70 days)**. The seeds, leaves and stems can be used in cooking.
- **Parsley, *Giant of Italy* (75 days)**. Flat, glossy, dark green leaves.
- **Parsley, *Forest Green* (75 days)**. Triple-curved leaves.

## Perennial herbs \$2.50 4-inch pot

- **Chives, *Purly* (75-85 days)**. Leaves with mild onion flavor.
- **Lavender, *Munstead* (85 days)** Best variety for winter hardiness.
- **Oregano, *Greek* (80-90 days)**. Dark green leaves with white flowers.
- **Sage, *Common* (80-90 days)**. Handsome dusty green leaves.

## Organic Fertilizer, \$7.00 5-lb bag

- **CPS Organic Mixed fertilizer 7-2-4**, Blend of organic products. General use with a mixture of fast and slow-release ingredients for fast starts and season-long feeding. Good for green leafy crops & sweet corn. Ingredients: sul-po-mag, dried blood, linseed meal, bone meal, pelletized lime. 5 lb/100 sq ft

## Tomatoes and Specialty Tomatoes, \$3.50 six-pack

All tomatoes and cherry tomatoes we offer are Indeterminate; they must be staked/caged/trellised and pruned and their fruit will ripen over an extended period.

- **Big Beef (70 days).** Nice combination of size, taste, and earliness. Full-flavored, globe-shaped fruits ripen early for their size. Perfect for the home gardener. Hybrid, 10-12 oz.
- **Black Prince (80 days).** Mahogany brown with flavor. Distinctive, rich, fruity tomato flavor. Relatively smooth, 3-5 oz., 3" fruits show less cracking than typically seen in most heirlooms. Heirloom.
- **Brandywine (92 days).** One of the best-tasting tomatoes. Brandywine's luscious flavor is very rich, loud, and distinctively spicy. The large fruits, often over 1 lb., have deep pink skin and smooth red flesh. Heirloom.
- **Cherokee Green (72 days).** Heirloom. Medium-sized, 8+ oz. fruits mature from green with a hint of orange to orange with some green striping. Lots of bold, acidic, complex tomato flavor.
- **New Girl (62 days).** First early, great taste. Good disease resistance. 4-6 oz red, round fruits. Hybrid.
- **Pink Beauty (74 days).** Firm, delicious, pink fruits. Hybrid, 6-8 oz.
- **Striped German (85 days).** Heirloom. Bicolor red and yellow fruit. The flat, medium to large, variably ribbed-shoulder tomatoes are shaded yellow and red. The marbled interior looks beautiful sliced. Complex, fruity flavor and smooth texture. Medium-tall vines.
- **Valencia. (72 days).** Heirloom. Sunny orange fruits with full tomato flavor. Fruits average 8-10 oz. Their meaty interiors have few seeds.
- **Tomatillo, Toma Verde (60 days).** *Specialty* Early-maturing with green fruit. Tomatillos are the key ingredient in the fresh and cooked green sauces typical of some Latin American cuisine. Fruit should be firm and bright green, as the green color and tart flavor are the main culinary contributions of the fruit.
- **Husk Cherry, Goldie (75 days).** *Specialty* This tomato family member bears 1/2- 3/4" sweet golden berries inside papery husks. The flavor is quite sweet and a bit wild. Plants are low, profusely branching, prolific, and drop ripe fruits. No staking necessary.
- **Paste Tomato, Speckled Roman (85 days).** Red sauce tomato with yellow streaks. Meaty flesh with little juice; cooks quickly into sauce. 6-8 oz.

## Tomato Variety Packs, \$4.00 six-pack

- **Cherry Tomato Pack:** 2 each of: Sun Gold, Bing Cherry, Black Cherry
- **Heirloom Pack:** 2 each of: Striped German, Brandywine, Black Prince
- **Hybrid Tomato Pack:** 2 each of: Big Beef, New Girl, Pink Beauty

## Cherry Tomatoes, \$3.50 six-pack

- **Bing Cherry (65 days)** Sweet, 1/2 - 1 oz red cherry tomatoes.
- **Black Cherry (64 days)** High yields of deep, dark purple, 1 oz cherry tomatoes with dynamic flavor.
- **Sun Gold (57 days).** Intense fruity flavor. Exceptionally sweet, bright tangerine-orange cherry. Vigorous plants start yielding early and bear right through the season.

## Hot Peppers, \$2.00 4-inch pot

- **Pepper, Ancho Tiburón (65 days green, 85 red).** Mild heat, large dark fruits. Excellent for powders and sauces.
- **Pepper, Habañero (75 days green, 100 days orange).** Super hot! Known as one of the hottest peppers in the world.
- **Pepper, Jalapeño El Jefe (67 days green, 90 days red).** Big, early-yielding plants. Fruits are tapered and an average of 3 1/2 - 4" long. Medium heat.
- **Pepper, Cayenne Joe's Long Cayenne (60 days green, 85 days red)** Mildly hot, long, slender pepper. Dries well for ristras and pepper flakes.
- **Pepper, Serrano Serrano del Sol (55 days green, 75 days red)** Very hot. Typically eaten fresh green. 3 - 3 1/2" cylindrical fruits.

## Flowers, \$3.50 six-pack

All of these are ideal for cut flowers and bouquets, except nasturtium.

- **Celosia, Pampas Plume (90-105 days).** Flat, triangular, 4" head with feathery plumes. Mix of orange, scarlet, yellow, and cream. Ht. 24-46"
- **Gomphrena, Globe Amaranth Mix (50 days).** Bushy 1" round bloom. Mix of purple, white, and carmine. Ht. 24"
- **Marigold, Durango (50 days).** Mixed blooms of maroon, deep gold, yellow. Also does well in pots. Ht. 10-12"
- **Nasturtium, Jewel Mix (55-65 days).** Mixed yellow, red, white, and orange, double and single blooms. Edible blooms and leaves. Ht. 16"
- **Snapdragons, Rocket Mix (120 days).** Vigorous hybrid mix of ten colors. Blooms on spikes. Ht. 24-36"
- **Strawflower, Mix (75-85 days).** Papery orange and peach blooms. Ht. 36"
- **Statice, Pacific Mix (110-120 days).** Full flower heads with small white, pink, mauve, and purple blooms. Ht. 24-30"
- **Sunflower, Ring of Fire (50-60 days).** Bicolor, yellow and maroon blooms. Excellent for bouquets Ht. 60-72"
- **Sunflower, Sonja (90-110 days).** Outstanding yellow blooms. Ht 40"
- **Zinnia, Benary's Giant Mix (75-90 days).** Vigorous plants hold up well in summer heat and rain. Stunning mix of more than ten colors, fully double, dahlia-like blooms.

## Order Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Tomato 6-Packs (\$3.50 per 6pk)	Quantity
Tomato, <i>Big Beef</i>	
Tomato, <i>Black Prince</i>	
Tomato, <i>Brandywine</i>	
Tomato, <i>Cherokee Green</i>	
Tomato, <i>New Girl</i>	
Tomato, <i>Pink Beauty</i>	
Tomato, <i>Striped German</i>	
Tomato, <i>Valencia</i>	
Tomatillo, <i>Toma Verde</i>	
Husk Cherry, <i>Goldie</i>	
Cherry Tomato, <i>Bing Cherry</i>	
Cherry Tomato, <i>Black Cherry</i>	
Cherry Tomato, <i>Sun Gold</i>	
Paste Tomato, <i>Speckled Roman</i>	
Quantity	
	x\$3.50
<b>TOMATO SIX-PACKS TOTAL\$</b>	

Flowers (\$3.50 per 6pk)	Quantity
Celosia, <i>Pampas Plume</i>	
Gomphrena, <i>Globe Amaranth Mix</i>	
Marigold, <i>Durango</i>	
Nasturtium, <i>Jewel Mix</i>	
Snapdragons, <i>Rocket Mix</i>	
Statice, <i>Pacific Mix</i>	
Strawflower, <i>Apricot/Peach Mix</i>	
Sunflower, <i>Bicolor</i>	
Sunflower, <i>Sonja</i>	
Zinnia, <i>Benary's Giant Mix</i>	
Quantity	
	x \$3.50
<b>FLOWERS TOTAL\$</b>	

<b>Vegetables Total</b>	
<b>Fertilizer Total</b>	
<b>Tomato Variety Packs Total</b>	
<b>Hot Peppers Total</b>	
<b>Perennial Herbs Total</b>	
<b>Annual Herbs Total</b>	
<b>Tomato Six-Packs Total</b>	
<b>Flowers Total</b>	
<b>FINAL TOTAL</b>	

**Please tear out this order form and mail it, along with payment to:** Victory Programs  
965 Massachusetts Ave  
Boston, MA 02118

**Make checks payable to:** Victory Programs, Inc. Please write "ReVision Urban Farm seedling payment" on the memo line.

Seedling order forms are **due by Monday, February 27, 2012.**  
Pickup Date is Saturday May 19, 2012 9am-3pm  
Pickup Location is 38 Fabyan Street, Dorchester, MA

**\*\*IMPORTANT!** Please **bring a box or tray** to carry your plants home on May 19! We cannot provide trays for everyone.

<b>Vegetables (\$3.50 per 6pk)</b>	<b>Quantity</b>
Broccoli, <i>Gypsy</i>	
Brussels Sprouts, <i>Diablo</i>	
Cabbage, <i>Red Express</i>	
Cabbage, <i>Farao</i>	
Cauliflower, <i>Fremont</i>	
Celery, <i>Tango</i>	
Chinese/Napa Cabbage, <i>Minuet</i>	
Collard Greens, <i>Flash</i>	
Cucumber, <i>Little Leaf Pickling</i>	
Cucumber, <i>Marketmore 97</i>	
Eggplant, <i>Galine</i>	
Kale, <i>Winterbor</i>	
Lettuce, <i>Magenta</i>	
Lettuce, <i>Nevada</i>	
Lettuce, <i>Adriana</i>	
Melon – Watermelon, <i>Sugar Baby</i>	
Okra, <i>Clemson Spineless</i>	
Pak Choi, <i>Black Summer</i>	
Pepper – Bell, <i>King of the North</i>	
Pumpkin, <i>Charisma</i>	
Summer Squash – Patty Pan, <i>Sunburst</i>	
Summer Squash – Zucchini, <i>Plato</i>	
Summer Squash – Yellow, <i>Slick Pik</i>	
Summer Squash – Zucchini, <i>Costata Romanesco</i>	
Swiss Chard, <i>Bright Lights</i>	
Winter Squash, <i>Delicata</i>	
Winter Squash, <i>Waltham Butternut</i>	
<b>Quantity</b>	
	<b>x \$3.50</b>
<b>VEGETABLES TOTAL\$</b>	
<b>Fertilizer (\$7.00 per 5 lb bag)</b>	<b>Quantity</b>
<b>Quantity</b>	
	<b>x \$7.00</b>
<b>FERTILIZER TOTAL \$</b>	

<b>Tomato Variety Packs (\$4.00 per 6pk)</b>	<b>Quantity</b>
Cherry Tomato Variety Pack	
Heirloom Tomato Variety Pack	
Hybrid Tomato Pack	
<b>Quantity</b>	
	<b>x \$4.00</b>
<b>TOMATO VARIETY PACKS TOTAL\$</b>	

<b>Hot Peppers (\$2.00 per 4” pot)</b>	<b>Quantity</b>
Ancho, <i>Tiburón</i>	
Habañero	
Jalapeño, <i>El Jefe</i>	
Cayenne, <i>Joe's Long Cayenne</i>	
Serrano, <i>Serrano del Sol</i>	
<b>Quantity</b>	
	<b>x \$2.00</b>
<b>SPECIALTY PEPPERS TOTAL\$</b>	
<b>Perennial Herbs (\$2.50 per 4” pot)</b>	<b>Quantity</b>
Chives, <i>Curly</i>	
Lavender, <i>Munstead</i>	
Oregano, <i>Greek</i>	
Sage, <i>Common</i>	
<b>Quantity</b>	
	<b>x \$2.50</b>
<b>PERENNIAL HERBS TOTAL\$</b>	

<b>Annual Herbs (\$3.50 per 6pk)</b>	<b>Quantity</b>
Basil, <i>Genovese</i>	
Basil, <i>Sweet Thai</i>	
Cilantro, <i>Santo</i>	
Dill, <i>Bouquet</i>	
Parsley, <i>Italian Flat Leaf</i>	
Parsley, <i>Forest Green Curly</i>	
<b>Quantity</b>	
	<b>x \$3.50</b>
<b>ANNUAL HERBS TOTAL\$</b>	