



THIRD CALL

12<sup>th</sup> April 2021

BRIDGING RESEARCH & PRACTICE

# ACTIVE AGING

## - new challenges, new opportunities

EGREPA CONFERENCE  
19<sup>th</sup>-21<sup>st</sup> of May 2021

REDUCED FEE

VIRTUAL

From on-site to on-line

The format of the EGREPA 2021 conference has been changed to online (virtual).  
**The University of Münster will host this conference.**

### Access to the conference via [Indico](#)

**Indico** will be our central platform. Access as following:

- Zoom link for live oral sessions
- Pre-recorded presentations\*
- Gather\*\* for poster sessions and casual meetings
- Digital book of abstracts

\* Free access to all pre-recorded oral presentations from 19th until 27th of May, 2021.

\*\* Gather is a platform that allows participants to navigate an avatar within a virtual 2D space and interact with others.

## PROGRAM

We are so excited to offer an international conference with presenters from 19 countries: Poland, Germany, Netherlands, Belgium, Switzerland, France, Spain, Portugal, Romania, Croatia, United Kingdom, Finland, Czechia, Slovenia, Slovakia, Latvia, Lithuania, Israel, Chile.

### We are pleased to announce the following six symposia

1. Training of cognition and motor performance in very old age and nursing home residents: feasibility and effects of tailored approaches.
2. Relationship of physical and cognitive performance in community-dwelling older adults and nursing home residents.
3. Life-Space mobility in old age.
4. Healthy aging: From the brain to the muscles.
5. Adyma: Psycho-social and behavioural impact of an adapted physical activity program for seniors living in residential-based communities.
6. Exercise and health of community-dwelling older adults (exercise before and during COVID-19 pandemic)

### We are also very happy about the oral presentations to the following topics

- Physical activity and cognitive functioning
- Physical activity in clinical settings
- Motor performance and functional fitness
- Movement, activities and lifestyles

**We are looking forward to very interesting posters!**

### Reopening for Late Breaking Abstracts

Due to popular demand, the committee has decided to open up the opportunity for 'late breaking' presentations! Late Breaking Abstracts are for \*poster presentations\* only.

- \* Late Breaking Abstract submission opens\*: 12<sup>th</sup> of April, 2021.
- \* Late Breaking Abstract submission closes\*: 25<sup>th</sup> of April, 2021.

### Keynote Speakers

**Prof. Dr. Taina Rantanen**, University of Jyväskylä, Finland

**Topic:** "Is old age changing? Views on muscle strength, mobility, activity and survival".

**Prof. Dr. Eling De Bruin**, ETH Zürich, Switzerland and Karolinska Institute, Sweden

**Topic:** "Design considerations for transforming video games into serious games".

### Registration Fees

**According to the virtual conference format, we changed the registration fees:**

- The conference is free for EGREPA members! Membership fee is – 40€.
- For students – 20€ (Please see more information at [membership/egrepa](#)).
- For non-members the conference fee is – 50€.

### Key Dates

- Registration deadline for already accepted presenting authors: **25<sup>th</sup> of April, 2021**
- Registration deadline for the late breaking authors: **7<sup>th</sup> of May, 2021**
- Registration deadline for audience: **17<sup>th</sup> of May, 2021**

**REGISTER AT:** [egrepa2021.org](http://egrepa2021.org)

**The Conference is organised by:**

The European Group for Research into Elderly and Physical Activity – EGREPA, The University of Münster, The University School of Physical Education in Krakow, The European Advisors' Association PLinEU

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### Scientific Committee

*Prof. Dr. Yael Netz* – Academic College at Wingate, Israel • *Prof. Dr. Michael Brach* – University of Münster, Germany • *Prof. Dr. Heinz Mechling, Emeritus* – German Sport University Cologne, Germany • *Dr. Timo Hinrichs* – University of Basel, Switzerland • *PD Dr. Rafał Stemplewski* – University School of Physical Education, Poznan, Poland • *Dr. Oron Levin* – KU Leuven, Belgium • *Prof. Dr. Wiebren Zijlstra* – German Sport University Cologne, Germany • *Prof. Dr. Soledad Ballesteros* – Universidad Nacional de Educación a Distancia (UNED), Madrid, Spain • *Dr. Magdalena Majer, Dr. Anna Bukowska, Dr. Sylwia Mętel* – University School of Physical Education in Krakow, Poland.

### Organizing Committee

University of Münster, Germany – *Ms Ellen Bentlage* • University School of Physical Education in Krakow – *Dr. Joanna Gradek* • European Advisors' Association PLinEU – *Mrs Sylwia Tałach-Kubas*.