

Southern Oregon Ultimate Players Association (SOUPA)
Return To Play Plan PHASE II –

Initial Phase

The health and safety of our players take priority in our associations's decisions in returning to play. While orders from Governor Brown to prevent the spread of COVID19 remain in place, SOUPA has created a list of precautions and processes to be implemented once practices are allowed to resume.

These protocols have been developed in consultation with board members and local health professionals as well as other local leaders in the Ashland area. These protocols do not have a set duration, but the club will adhere to the laws of the State of Oregon and make adjustments when needed.

We also recognize that each player has a different situation that may influence their desire to return to play. We want to make it clear that it is ultimately each player's decision for when they feel comfortable returning to the field. Players should feel free to make the best decision for their unique situation.

If you do have any questions or concerns, please reach out to the board members.

COVID-19 GENERAL POLICIES

1. Participants must be healthy and free of symptoms in order to participate.

All participants must be free of a cough and/or fever above 100 degrees symptoms for the last 72 hours and at least 7 days from any onset of symptoms. Anyone who is exhibiting these symptoms during training will be asked to leave.

Participants must not have:

1. Had a cough or a fever above 100 degrees within the last 72 hours.
2. Been in contact with anyone with confirmed COVID-19 within the last 72 hours.

2. Hand Washing and sanitizing of equipment

Players should sanitize their hands before and after every game. Players are encouraged to bring their own hand sanitizer.

3. Training will occur in small groups with adequate space.

All games will initially be limited to no more than 20 players per day and separated into groups of no more than 7 when playing.

4. Limiting of touching of equipment

There will be no sharing of equipment in this phase. One player will be designated to touching cones, goals, etc. This equipment will be sanitized before and after every game.

Players will have their own area for their personal equipment such as a frisbee, water ball (no sharing of water bottles), and backpack. These should be spaced out appropriately.

5. Training will seek to reduce player contact and promote social distancing

During Phase II, players are allowed to include 7 v 7 game play. Any player may opt out.

Players should not be allowed to touch. No handshakes, high fives, or huddles. This will not be very fun but it is necessary for returning. Lines of players will maintain appropriate social distancing. We acknowledge that game play may result in some contact, board members will monitor play and counsel that it be minimized.

There should be no sharing of water.

6. Protective Equipment

Masks are not required during game play, though players may wear one if they would like.

OTHER LOGISTICS

1. Spectators must all observe 6ft distancing. Only one spectator is allowed per player.
2. We strongly encourage players to use the restroom before arriving to limit the number of people entering this shared space.

IF THERE IS A CASE OR SUSPECTED CASE OF COVID19...

Here is how our club will be prepared for a case of COVID-19 within our club:

1. Board Members should take attendance at every session including name and phone numbers of all players and require all spectators to provide their name and phone number. This information is will be kept confidential by the board member, and shared with an appropriate authority if contact tracing becomes necessary.
2. Players should report to the club if any of the situations below happens:
 - The player or staff member has a fever.
 - The player or staff member is sick with symptoms of COVID-19 but has not yet been tested or the test has not come back yet.
 - The player or staff member has tested positive for COVID-19.
 - The player or staff member has been exposed to someone who has tested positive for COVID19.
3. Maintaining confidentiality is important. Players can tell a board member if an issue arises by emailing at southernOregonultimate@gmail.com
4. The club's board will identify and communicate if there are infections and pass necessary information along to club members in a way that ensures confidentiality.