

KITCHEN SAFETY

By

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ALL ACCIDENTS IN THE KITCHEN ARE THE
RESULT OF...

Ignorance

or

Not thinking!



CATEGORIES OF ACCIDENTS

Fires

Cuts

Shocks

Falls



FIRES AND BURNS

To have a fire, you need a source of heat, oxygen, and a flammable substance. To put out a fire remove one of these.

- FIRE



TO REMOVE THE HEAT...

Do NOT attempt to move
the pan!!!



Simply, turn off the control.



TO REMOVE THE SOURCE OF OXYGEN,



Cover the pan with a fire blanket,

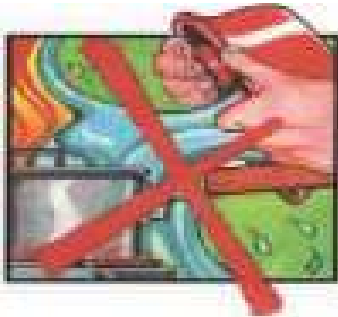


Or baking soda,
salt, or even a cookie sheet or cutting board.



Keep Fire Extinguisher at Home

NEVER POUR WATER ON IT!



Know how to use the fire extinguisher and where it is located.



TO OPERATE THE FIRE EXTINGUISHER...

Remember PASS

Pull the pin

Aim low

Squeeze the handle

Sweep back and forth



PREVENTING FIRES AND BURNS...

- Keep flammable materials away from the range.
- Always use a dry potholder.
- Keep pan handles turned inward.



- Use both hands to remove items from the oven.
- Always wear oven mitts.
- Avoid wearing loose fitting sleeves.

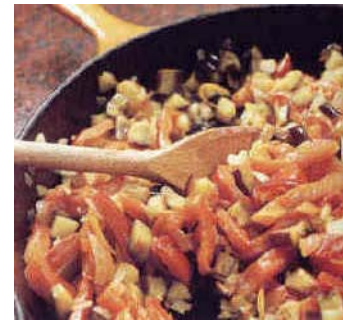




Lower food into
fat with a spoon,
not your fingers.



To stir food, use wood and not metal whenever possible.



BURN FIRST AID

- Cool it with cold water.
- Ice will freeze the tissues.
- Avoid ointments, grease and oil.



PREVENTING CUTS

- Keep knives sharp.
- Never attempt to catch a falling knife.
- Wash knives separately.
- Store knives in sheaths or racks.
- Never use knives for anything other than cutting.



CUT AWAY FROM YOUR BODY.

- Peeling activity



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REMOVE COVERS TOTALLY FROM CANS.



USE A CUTTING BOARD.



SWEEP UP, RATHER THAN PICKING UP,
BROKEN GLASS.



KEEP FINGERS AWAY FROM MIXER BLADES.



FIRST AID FOR CUTS



For severe bleeding, apply pressure with a thick cloth and get medical help.



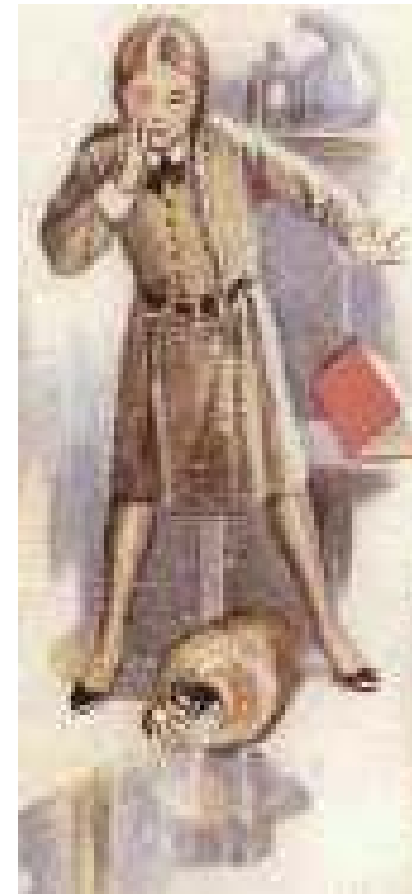
FOR MINOR CUTS...

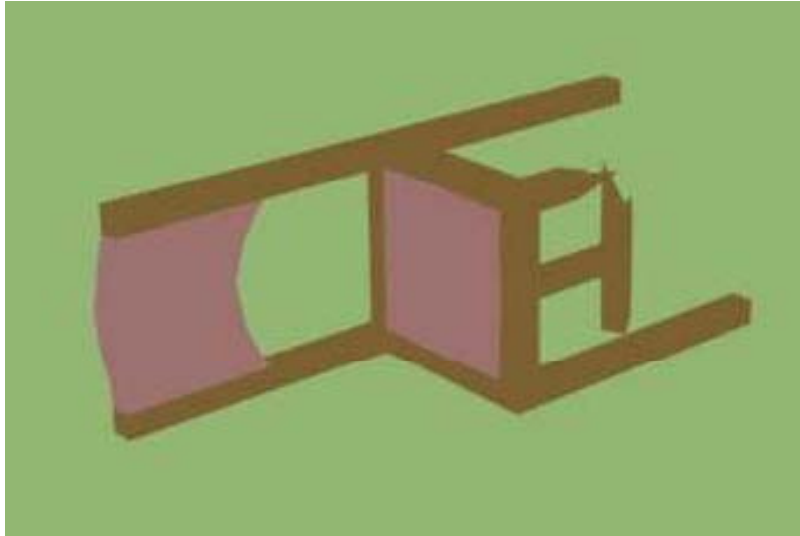
Wash with soap and water , blot dry and apply a bandage.



PREVENTION OF FALLS

- Keep floors clear of clutter.
- Wipe up spills immediately.

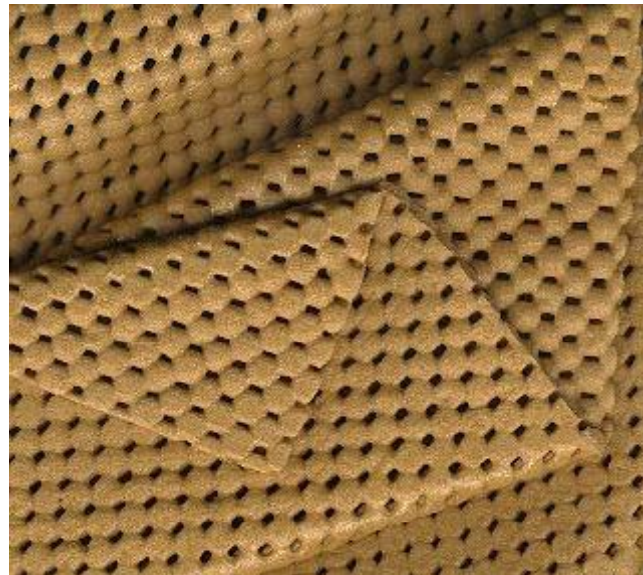




Use a step
ladder rather
than a chair.



RUGS SHOULD HAVE NONSKID BACKINGS.



AVOID SITTING ON COUNTERS.



FIRST AID FOR FALLS

- Don't move a person with broken bones unless necessary.
- Call for medical help if head ache, dizziness, vomiting or speech impairment results from the fall.
- Apply an ice bag and elevate for mild bruises/sprains.



PREVENTING SHOCKS...



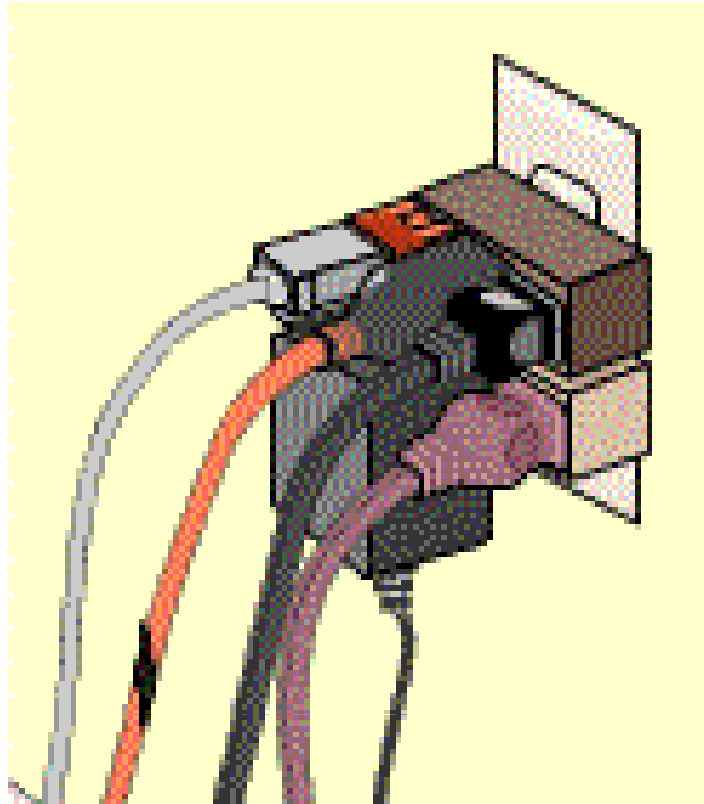
Keep water
away from
electricity and...



KEEP ELECTRICITY AWAY FROM WATER.



AVOID USING AN OCTOPUS.



KEEP METAL AWAY FROM WORKING PARTS
OF AN APPLIANCE.



USE ONLY A WET/DRY VACUUM ON WET FLOORS.



FIRST AID FOR ELECTRIC SHOCK...

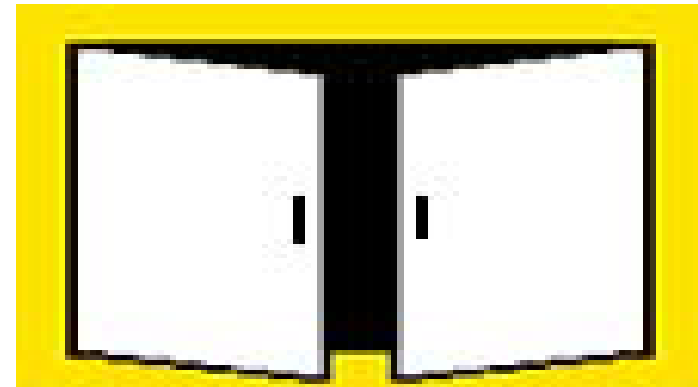
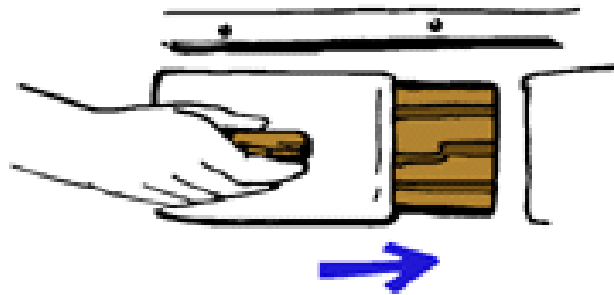
- Don't touch the person connected to electricity.
- Turn off the source of power, pull the plug or pull the person away with a cloth loop.



IF QUALIFIED, ADMINISTER CPR. IF NOT QUALIFIED, GET HELP.



ONE MORE THING-
SHUT DOORS AND DRAWERS WHEN NOT IN
USE.



ACCIDENTS DON'T "JUST HAPPEN"...



THEY ARE PREVENTED WITH KNOWLEDGE
AND CAREFUL WORK HABITS!

