



The Spokane Food Access Coalition (FAC) invites community members like you to a lively discussion on food and health in Spokane County

[Unitarian Universalist Church](#)--Tuesday, June 7

On June 7, the Spokane Regional Health District will release *Food and Health in Spokane County: A Closer Look*. This **free** presentation will cover current access to healthy foods in Spokane, food insecurity and its impact on residents' health especially obesity and diabetes.

This is the first step to better understanding the strengths and weaknesses of our local food system. To learn more will require communication with people who eat and all the public and private sectors that control how and where our food is grown, processed, distributed, purchased, prepared, consumed and finally disposed of or recycled. We invite you all to attend and take part in this important community discussion.

- **4:30-5:45 pm** Chef David Blaine's (Latah Bistro) famous PopUp Restaurant meals (Vegetarian & Meat options available) Pre-purchase a ticket (\$6) by June 4th at <http://www.brownpapertickets.com/event/169154>.
- **6:00-6:30 pm** Visiting author Jeremy Smith, *Growing a Garden City*, kicks off the conversation, talking about examples of how people engage in food in his community, Missoula, Montana.
- **6:30-8:00 pm** Spokane Regional Health District releases new information about Spokane's food realities "Food and Health in Spokane County: A Closer Look" with community discussion to follow.

A healthy food system is an essential component of creating a strong, economically stable county. The Food Access Coalition (FAC) is committed to creating an **equitable, healthy and sustainable food system** in Spokane County. The FAC seeks to empower residents of Spokane County to plan and sustain a healthy food system by facilitating collaboration with business, institutional, agriculture, legislative, education, health and environmental partners.

Call Nancy Hawley to register 509 324-1530 or nhawley@spokanecounty.org.

Learn more about the [Food Access Coalition](#).

To purchase your dinner ticket click on <http://www.brownpapertickets.com/event/169154>

Spokane Regional Health District provides individuals with disabilities reasonable accommodations to participate in our classes, events, programs, and services. Requests may be made by calling Nancy Hawley at 509-324-1530 or email at nhawley@spokanecounty.org by June 3, 2011.