काव्य शास्त्र विनोदेन , कालो गच्हति धीमतां I

वयसनेन च मूर्खाणां , निन्द्रया कलहेन वा II

काव्य = poetry , शास्त्र = intellectual discussion of the  learning or teaching ,कालो = कालः = time , गच्हति = is spent , or goes , धीमतां = intellectual , learned people , व्यसनेन = habituated , मूर्खाणां = foolish people ,निन्द्रया = sleep or , कलहेन = fights over unnecessary or foolish arguments

This shloka talks of the difference between intellectuals and learned people and foolish people. It says that, intellectuals spend their time in reading, studying new subjects or discussing with like minded people and sharing of knowledge and ideas with others, thereby increase their knowledge. Whereas foolish people are habituated to fight over mundane issues or spend their time in foolish arguments. They never form good habits, but are attached to wasting time in useless things like sleeping or watching TV, these days the youngsters spend lot of their time in watching cricket or soccer games or keep on disputing or arguing or fighting over petty issues, never come to the point, but keep on arguing for the sake of arguing.

This is a message to the youngsters, to form good habits, widen their knowledge, and increase their capability to rise in this competitive world and do not stagnate and stop learning, by wasting their time on meaningless activities. TV, Games etc are means to an end and not an end in itself. Games are useful for the players, for whom it is a form of an exercise, but not for those, thousands of youngsters who keep on watching the games on the TV or in the stadium. Seeing entertainment programs after a hard day’s work to relax is OK, but getting habituated or addicted to certain programs and keep on wasting time, thereby avoid, other activities, exercise, become a couch potato, is not good.

Similarly wasteful discussions or arguments on the subjects on which you can’t achieve anything meaningful need not be continued for the sake of proving a point.