

UCARE

LEVELUP

NOVEMBER

15th, 2023

4:00-5:00

PM CET

URTICARIA: the mind and body interactions

This webinar defines the association between mental disorders and psychological conditions.

The audience will learn about the common psychological disorders and character traits/sleep disorders accompanying chronic urticaria and the effect of psychological interventions on disease activity.

AGENDA

Introduction and moderation 5'

Emek Kocatürk Göncü

Prevalence of psychological comorbidities and how to recognize them in CU patient 15'

Anna Zalewska-Janowska

Alexithymia and sleep disorders in CSU 15'

Ivan Cherrez

The effects of psychological treatments and interventions focused on wellbeing in urticaria 15'

Indrashis Podder

Questions and Answer 10'

All Speakers

Moderator: Emek Kocatürk Göncü

FACULTY

Prof. Dr. Emek Kocatürk Göncü

*Koç University School of Medicine, Istanbul, Türkiye;
Charité - Universitätsmedizin Berlin, Institute of Allergology,
Fraunhofer ITMP, Allergology and Immunology IA, Berlin, Germany*

Prof. Dr. Anna Zalewska-Janowska

Medical University of Lodz, Lodz, Poland

Prof. Dr. Manuel Ivan Cherrez-Ojeda

Respiralab Research Center, Guayaquil, Ecuador

Assistant Prof. Dr. Indrashis Podder

College of Medicine and Sagore Dutta Hospital, Kolkata, India

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