**ENACT Scoring Guidelines**

***Introduction***: - ENACT (Enhancing Assessment of Common Therapeutic factors) is a rating scale developed to assess the counseling skills of therapists. The 18-item scale incorporates 18 different skills used by mental health therapists. It includes items such as non-verbal communication, confidentiality, involvement of significant others and psycho-education.

***How are the items rated?***

Each item has three different scales –

1: Needs Improvement

2: Done Partially

3: Done Well

Based upon how the therapist performs in each item, the rater rates them as 1, 2 and 3.

**How is the rating done?**

The raters are provided with audio and video of mock and real sessions conducted by the therapists. The mock sessions were conducted as pre-post test assessment during their training whereas the real sessions were conducted with real patients in their health facility.

The raters listen to the audio and/or watch the videos and then assess how they have used the 18 skills.

Scenarios

1. Among the 18 items, the therapist has only used some certain items. How do we rate the items that were not used during the recording session?

*This is very likely as using all the skills in a single session is difficult and is sometimes irrelevant. In such cases, just rate the item as "Needs Improvement – 1". i.e. for items that are not used during the session, rate them as 1.*

Make sure that none of the items are left blank. EVERY item must be filled in.

1. How do I rate non-verbal communication if there is no video of the session?

*Only about 1/4th of the recordings have been video-recorded. So, if there is no video recording, rate the "non-verbal" communication item as "Needs Improvement".*

**The Process**

*1. Orientation/Discussion on ENACT:* The raters are provided with the ENACT tool (English/Nepali version) and are asked to go through it and discuss together in a group. The objective of this step is to ensure that the raters have a good understanding of the tool and have a common understanding of all the items. Clinicians who have taken part in developing this tool will conduct the orientation/discussion. The raters are also encouraged to go through the published ENACT paper http://www.sciencedirect.com/science/article/pii/S0005796715000480

*2. Inter-Rater Reliability (IRR):* The second step is testing the inter-rater reliability of all of those involved in the rating process. The objective of this step is to ensure that all the raters have a common understanding of the 18 items and how they are scored.

Each rater is provided with two mock session videos: -

[http://vimeo.com/72096318](http://vimeo.com/72096318%22%20%5Ct%20%22_blank)

[http://vimeo.com/86013554](http://vimeo.com/86013554%22%20%5Ct%20%22_blank)

The raters then rate the counselors in the video using the 18 item ENACT form separately. The individual scores are then calculated to check if the desired IRR score has been achieved.

If the IRR scored is not achieved, the raters will have a group discussion about the items in the ENACT form and amend their differences. They will repeat the IRR again until the score is achieved.

*3. Rating:* The raters will then be provided with randomized recordings of the session. The raters will then individually listen to the audio/videos and rate the therapist conducting the session.

The scores are then entered in the Excel form and sent to the research team for analysis.