

## **HOSTING A MINNESOTA FOOD CHARTER EVENT**

**HOW DOES IT WORK?** 

The Minnesota Food Charter is a document developed through a broad-based public process that expresses a clear and compelling vision for how all residents can obtain healthy, affordable, and safe food. This public process includes events hosted by diverse groups around the state to gather input for the Food Charter. The feedback generated from these events will inform the creation of priorities and related actions that will make the healthy, affordable choice the easy choice for everyone across Minnesota.

## WHAT ARE THE STEPS FOR HOSTING A MINNESOTA FOOD CHARTER EVENT?

Select your date	Choose the date, time, and target audience for your Food Charter Event
Register your Food Charter Event	Register your Food Charter Event on www.MNFoodCharter.com
Access Event Materials	Download materials, agenda, video and host guide, including tips for publicizing your event
Get support	Participate in an optional Food Charter Event Host Training (online or in-person)
Host your Food Charter Event	Host your MN Food Charter Event, talking about ways to make the healthy choice the easy choice
Enter results of your Food Charter Event	Enter participant feedback from of your MN Food Charter Event at www.MNFoodCharter.com

Hosting a Minnesota Food Charter Event offers the opportunity for communities and groups across the state to share their vision and ideas for how to create access to healthy food. It also provides a way for groups to build momentum, engagement and commitment within their own community to work together on local solutions for healthy food access.

## WHAT'S INCLUDED IN A FOOD CHARTER EVENT?

The Minnesota Food Charter Event is designed to be an easy to use, one hour meeting, where participants: (1) learn about the Minnesota Food Charter; (2) identify barriers and strategies associated with healthy food access; and (3) have the opportunity to discuss healthy food access with each other.

The Minnesota Food Charter process also offers the option of "setting-specific" 30-minute modules that can be added to the one-hour session. These half-hour modules allow groups to list specific barriers and opportunities associated with childcare, healthcare, schools, worksites and community settings. Here's how it works:

## **FOOD CHARTER OPTIONAL MODULES: EVENT SETTING BASED 60 MINUTES** 30 MINUTES Introduction **Childcare** & Welcome "What is the Community Food Charter?" video **Barriers/Strategies Healthcare** Inventory **Small Group Schools Discussion Large Group** Worksite **Discussion** Wrap-Up

Whether you decide to host a 60-minute Food Charter Event or also elect to add a 30-minute, setting-specific module, sharing participant input from your session involves a simple, online survey that the Event Host takes after the session.

**Questions or concerns?** Email *info@mnfoodcharter.com* or head to *www.mnfoodcharter.com* and check out the Tools & Resources section for more information.