ARTICLE FOR SUBMISSION TO: BRITISH JOURNAL OF PSYCHIATRY

OPINION

Are we about to face a pandemic of mental illness and (mostly childhood) suicides?

During the Cold War, I spent a considerable amount of time de-briefing spies. My particular forte was stealth microwave warfare, from my military training in microwaves. I learned that continuous low-level microwaves could affect your brain function, as well as some of the body's physiological processes.

At this time, a US Government document warned that very low-level (below thermal) microwaves may cause depressive illnesses and allow neurotoxins to cross the blood-brain barrier, which could lead to severe neuropathological symptoms. (1)

In the year 2000, Professor Salford at Lund University in Sweden showed that pulsing (modulating) low-level microwaves could alter the permeability of the bloodbrain barrier.(2) By this time, with my own list of some 30 different pulse frequencies known to cause an array of psychological and physiological conditions, I produced two flow charts, showing the knock-on effect throughout the brain and body (with the aid of about fifty referenced documents). (3) As mobile phones, their transmitters and all similar devices swept across the world, Psychiatrists, GP's and Consultants started to notice an increase in behavioural problems, physical conditions and brain degenerative diseases.

The Freiburger Appeal was established, now signed by thousands of consultants, doctors, scientists, etc., listing a series of ailments, which they deduced were caused by pulsed, low-level microwaves. Exacerbating this is the Fenton Reaction, where microwaves react with peroxide (in small quantities within the body, usually from drinks) in the presence of iron. This depletes the iron content of the brain/body, causing a possible increase in the risk of neurodegenerative diseases. (4i) (4ii)

More recently Melinda Wenner has published research (5) suggesting that the blood-brain barrier within a foetus may allow microbes to cross it if the immune system is compromised. She does not specifically mention microwaves, but it is not difficult to find research carried out around mobile transmitters which show microwave syndrome as a regular feature. (6) One of the first symptoms of microwave syndrome is usually suppression of the immune system. Melinda Wenner lists schizophrenia, OCD, bi-polar, autism, Alzheimer's and Tourettes as either prenatal or postnatal possibilities.

Clearly, not everyone exposed to microwaves will be susceptible, just as not everyone who smokes will become ill. The countries which have carried out research on electrosensitivity claim that in excess of 3% of their population are sensitive to microwaves. This would equate to about 1.8 million people within the UK.

A recent study carried out by the Karolinska Institute and Uppsala University in Sweden, Wayne State University in Michigan, USA and published by the Massachusett's Institute of Technology, warns that low-level microwaves may lead to personality changes, ADHDlike symptoms, depression, etc. (7)

I believe we could be facing a pandemic of mental and physical problems, because a minimum of 3% of studied populations are susceptible to microwaves. The problem world-wide is exacerbated by the discrepancies of safety levels set by Government Scientists. Maximum permitted microwave levels may vary by as much as a factor of 100,000 units between countries. Could you imagine this variation for medicines?

What can be done? Psychiatrists and other doctors are in a prime position to be aware of potential problems and to report their concerns. Data could be centrally collected, particularly from countries before and after the installation of modern mobile communications devices. With analysis, debate and action arising from such data, you have the means to prevent, what may otherwise become, a man-made catastrophe for mental health.

Barrie Trower

Barrie Trower 3 Flowers Meadow Liverton Devon TQ12 6UP 01626 821014

Scientific Adviser to: Radiation Research Trust (UK) H.E.S.E (International) Electrosensitivity UK

CV can be downloaded from my Address to the Welsh Assembly (Parliament) 3.10.06 (Page 1)

Author of: The Tetra Report for the Police Federation of England & Wales

Wireless Laptops and Their Transmitters Using Microwaves in Schools

Recent letters published on Internet:

Theoretical Essay on Electrosensitivity (8) Children's Suicides: Some Supporting Evidence (8)

<u>References</u>

- 1. US Defence Intelligence Agency OST-18105-074-76 March 1976
- 2. Electromagnetic Hazard and Therapy 2000 Vol.10 Nos 3-4 P6
- 3. Flow charts Enclosed as evidence for the Editor
- 4. (i) Frieburger Appeal 9th October 2002* Interdisziplina re Gasellschaft fur Umweltmedizin e.V
 (ii) Fonton Prostion:
 - (ii) Fenton Reaction:
- 5. Infected with insanity. April/May 2008 ScientificAmerican (Mind) p44
- 6. W.H.O. database enclosed for Editor.
- The Independent on Sunday 20th January 2008 p2
 "Radiation from mobiles harms sleep, says study funded by phone makers" Geoffrey Lean.
- 8. Additional Information enclosed for Editor.

*Some symptoms listed by Freiburger Appeal:

Learning, concentration, behavioural disorders (ADD), brain degenerative diseases (e.g. Alzheimer's), epilepsy, brain tumours, migraines, exhaustion, inner-agitation, sleeplessness, tinnitus, susceptibility to infection, nervous and connective tissue pains, extreme fluctuations in blood pressure, heart rhythm disorders, strokes. Attached is an article submitted by Barrie Trower to the British Journal of Psychiatrists, for their consideration.

Sylvia

From Mast Sanity/Mast Network

[http://omega.twoday.net/search?q=Barrie+Trower

http://omega.twoday.net/search?q=childhood+suicides