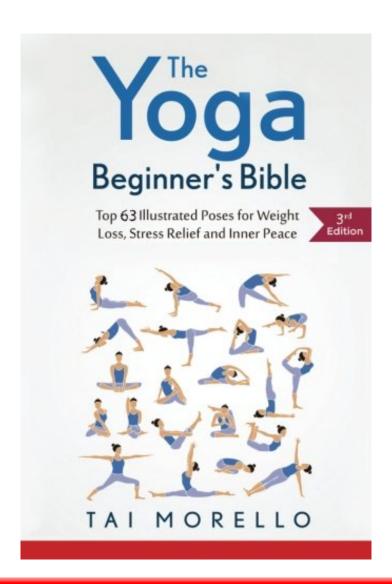
The Yoga Beginner's Bible: Top 63 **Illustrated Poses for Weight Loss,** Stress Relief and Inner Peace by Tai **Morello** 



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