

IT'S SPRING SPORTS TIME!!!

Soccer: Mondays and Wednesdays starting March 6th 5:30-6:30. Homann Park 1301 Carpenter Rd SE Lacey. Times will change as it gets lighter.

Swimming: Thursdays 5:15-6:45pm and Saturdays 9:30-11:00am starting March 9th. River Ridge HS 8929 Martin Way E Lacey.

Powerlifting: Tuesdays and Thursdays 7:00-8:30pm starting March 14th. The Valley Athletic Club 4833 Tumwater Valley Dr. SE Olympia.
Space is limited. Must be 16 years and older to participate. Call Coach Alan to let him know you will be participating. 360-870-0044.

Track and Field: Saturdays 10:00am-12:00pm starting March 11th. Timberline HS track THIS IS A NEW LOCATION 6120 Mullen Rd SE Lacey.

Questions: Coach Mark bballdad11@comcast.net or 360-791-0742