

FACULTY OF THE TRAINING IN PROCESS-ORIENTED PSYCHOLOGY 2012-2017

Core Faculty

in Alphabetic Order

Charleen Agostini, Dipl POP



Charleen lives and works in Bristol where she runs a practice for individual clients. Other areas of interest and practice are to do with community forums that facilitate interaction that furthers sustainable and creative community, especially in the area of cultural diversity. A new research area for Charleen is to do with the relationship between child and parent focussing on the creative potential for both parent and child. At the heart of Process Work for Charleen it is the deep dreaming level that continues to sustain and enliven her life and practice.

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Clare Hill Dip.POP, Dip SLT.



Clare graduated as a speech and language therapist from University College London in 1972, fascinated by what so-called 'disorders' were actually trying to communicate. The journey to support and unravel signals rather than just to make people's communication styles 'normal' took her on a journey which led her to Process Work, or Process Oriented Psychology in 1988. Clare has worked extensively in a variety of contexts, including managing the speech and language therapy department in the Mental Health Unit of NHS Lothians from 1989- 1991, and being part of Dundee University's White Top Centre, a research-based centre of excellence for people with complex learning difficulties. She has been a member of faculty of the Research Society for Process Oriented Psychology UK from 1996 – 2009, and spear-headed the team developing the training to meet accreditation by UKCP. Clare is also member of IAPOP board (International Association of Process Oriented Psychology). Together with her partner, Conor, they teach in the UK and other parts of the world. Conor and Clare are currently members of faculty of the Moscow Institute of Process Work and Consulting. Clare has a private practice in Edinburgh and lives in a deeply rural part of the Scottish Borders.

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Conor McKenna Dip. POP



Conor has been interested in mysticism and transcendent states following a transformative experience in his early 20s. A student of Process Work since 1987 and graduating in 1996, he was a founding member of RSPOPUK (1989) and has held many roles in that organisation, including being a member of faculty between 1996 – 2009. Conor together with his partner, Clare, are currently members of faculty of the Moscow Institute of Process Work and Consulting. Conor and Clare run seminars throughout Europe and in Central America. Conor is Irish by birth and has 3 grown children and many grandchildren. The simple transforming process of shape-shifting has held a fascination throughout his life.

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Mark O'Connell, Dipl POP



I practice Process Oriented Psychotherapy within the NHS and in my private practice. I work with CAHMS (Child and Adolescent Mental Health Service) as a Team Leader and Senior Practitioner in the South-East of England. I am developing process-oriented approaches to working with children, families, teachers and schools. My work is mostly around children from the age of -9 months to 19 years of age. I am also an experienced adoptive parent, and have trained with Family Futures Consortium for several years around working with Looked After Children.

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Ivan Verný, MD Dipl POP



Ivan is a 60 year old psychiatrist, process oriented and systemic psychotherapist and supervisor. He is working in his private & collective practice in Zürich, Switzerland. He is member of Faculty IPA (Institut für Prozessarbeit) in Switzerland. Ivan has been teaching processwork since 1989 in Czechoslovakia (Czech & Slovak Republic), Greece, Germany, Switzerland, Italy and Israel. He has been leading bi-annual men's retreats in Slovakia since 1994 - 9-day long seminars for men between 20

& 80, exploring diverse aspects of male identity. Ivan uses his curiosity to integrate different therapeutic and artistic approaches to develop and enjoy creative therapeutic work. He loves his wife Marianne and his grown up daughters, he enjoys music, silence, good books and regular rides on icelandic ponies

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Language: Slovak, German, English

Marianne Verný, MD, Dipl. POP



is originally german, lives and has worked for 25 years as a M.D. and psychotherapist in a private practice in Zürich and is a Diplomate of Processwork since 1994. She has been teaching process work in several european countries and belongs to the faculty of process work in Zürich, IPA. For many years, she is especially working with women on their female identity, using the deep source of the myth, that dreams us, working in nature and with creative tools. Another Focus of her work is couple-therapy

as a search for developing relationship-skills, so tension and conflict becomes a field for growth and transformation. To her, crisis is an opportunity for change and has been in the center of her attention – just as the wonder about the adventure of being human.

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Faculty Apprentice

Mgr. Boris Sopko, Dipl. PW



Boris studied psychology in Comenius University in Bratislava. Since 1996 has worked as psychologist in different institutions in the field of mental health. In 2007 he opened his private psychotherapeutic practice. In 2012 he finished his studies of process work in RSPOPUK and became Diploma holder. He is also Somatic Experiencing practitioner (teachers P. Levin, S.Hoskinson). He assisted and led seminars in Slovakia, Czech, Switzerland a UK. He loves gardening, photos and making photos and since 2011 he is discovering and unfolding his catalan identity ;)

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Language: Slovak, English

Assisting phase II students

in Alphabetic Order

Mgr. Jana "Sarah" Kašáková



Psychologist and psychotherapist with private practice in Piešťany. She graduated agronomy and after that psychology, since 1994 she is involved in process work studies and application, graduated systemic therapy training. She worked in mental hospital in Pezinok, in counseling services in school system in Trnava and Hlohovec, as a school psychologist of grammar school in Piešťany. She leads seminars and workshops for women, with colleagues prepares and co-leads process work seminars on inner work, inner and outer criticism, introductory seminars, open forums... Since 2002 she is a member of directory of POPI-Slovakia. She worked for studio of pantomime, cooperates with magazine Mother and me... Since September 2012 she studies school of arts. She lives in country side with husband, two teenage children and doggie Buddy.

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Language: Slovak, English

Mgr. Sylvia Ondrisová, PhD.



She works as a psychotherapist and a trainer in a private practice. She cooperates with several organizations in the area of minority – majority issues, conflict resolution and facilitation, emotion management and teamwork. With her colleagues they lead Process Work Institute in Slovakia (POPI-SK), facilitates Open Forums on hot social topics. She also focus on a personal and group development, authority issues and new forms of leadership. She has finished Slovak longterm training programe in PW, longterm training in dynamic (imaginative) psychotherapy. Actually she does her advanced phase II studies in POP. From 2000 she has Slovak and European certificate for psychotherapy. She lives with her husband in Bratislava, loves nature, horse riding and all forms of movement. She used to do Tai-Chi, acutally learns Wing Tsun Kung Fu :)

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Mgr. Slávka Takáčová



Studied psychology at Bratislava UK University, used to work on Psychiatry ward as a clinical psychologist. She was part of the first training group in 90ties in Slovakia, now she is a phase II student in Diploma programme. Since 2000 she has been a member of organizing and directory board of POPI Slovakia. After maternity 3year's maternity leave and longterm challenging and enriching stay in New Zealand is now building home and private practice in Slovakia.

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Language: Slovak, English

Mgr. Brigít Trimajová



I graduated from psychology at Comenius University in Bratislava. From 1995-1998, I attended Process-oriented training in psychology. Since then I have been devoted to study PW and bring it into my work and life. Since 2001, I worked for an international company in the field of corporate training. I have experience working in management, corporate training, coaching, management and production of management and employee trainings. With my POPI colleagues I have been working on the preparation of the PW training since 2002, so to begin training ten years later is a really fantastic way to celebrate our anniversary! Since 2009 I have been working as a psychotherapist and trainer in private practice in Bratislava, for individual and group psychotherapy, psychological consultancy and facilitation. I write articles and I have been interviewed for national television on various social issues. Also I run seminars on personality development, working with internal criticism, creativity and the search for life path. I live in

Bratislava with my son Alex (7) and partner Jacob. Her webpage is www.psychoterapeutka.org

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Language: Slovak, English, French, Spanish

Adjunct Faculty in Alphabetic Order

Lena Aslanidou, M.P.W.



Lena Aslanidou is a Social Worker and a Certified Process Worker. From a young age she was interested in human experiences, remembering herself spending hours under a bush in her back yard and contemplating life. She doesn't know if the content of those thoughts were important, but she remembers a sense of euphoria and calmness, a sense she is still looking for as a guide in life. As a teenager she did volunteer work with groups of children with special needs.

Her first quests led her to study Social Work at the University in Athens, and later be trained in General Systems Theory and its Applications on Human Sciences at the Athenian Institute of Anthropos. After completing her studies she worked with pre-school children and later on as a councilor for families and individuals at the Psychiatric Department of the General Hospital of Athens.

She first came across Arnold Mindell's work and Process Work in 1990. This was an important moment in her life because, for the first time, she found an organized system of thought, which could be applied to all issues of human experience, political, psychological and spiritual. The enthusiasm of this discovery lead her to Portland, Oregon, to study Process Work.

Since 1997 she has returned to Greece, where she works in private practice. Her main interest in working with people is in accessing the sense of freedom from which each person can express their wholeness, and the connection of the spiritual dimension to everyday consciousness and life.

In Greece she has worked together with the following organizations: Athenian Institute of Anthropos, Athens University, Law School of Athens, 'Volunteer Work' (NGO working with refugees and minorities), 'Arsis' (NGO working with youth-at-risk and adjudicated youth), Dramatherapy Center, Greek Red Cross, Center for Women's Studies and Research 'Diotima', 'Sxedia', Greenpeace, National Foundation of Youth, as well as the Ministry of Education.

Language: Greek, English, **Contact:** Greece, **e-mail:** lena.aslanidou@gmail.com

Jan Dworkin, PhD



is a certified Process Worker living in Portland Oregon. She is a co-founder of the Process Work Institute and serves as the Dean of its MAPW program. One of Arny Mindell's original students, Jan is a pioneer and co-creator of Process Work theory and practice. She has been developing, researching and refining process work for almost 30 years in the areas of group work, relationship work, sexuality, addictions and creativity. Jan has a private practice and conducts training workshops and public seminars internationally.

Jan is also a nature lover, a painter, and a long distance cyclist. Her deepest goal is to follow the mysterious and unpredictable path of her

www.jandworkin.com

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Evelyn Figueora, Dipl. POP



Evelyn has a private practice in Paris, France, where she also teaches Yoga. She was a member of the faculty of RSPOPUK for 10 years and is now part of the faculty of the Spanish school of Process Work. She is especially interested in body and movement work, inner work and how they relate to relationship and world issues. As she paints she likes to explore how we connect to and sustain our creativity.

Language: French, English, Spanish, **contact:** Paris, France, **e-mail:** evelynf@club-internet.fr

Caspar Fröhlich



Caspar Fröhlich coaches executives and senior managers in complex leadership situations and advises executive teams on implementing strategic initiatives. He has over 15 years of professional experience in management consulting, where he specialised in the field of strategy development and performance enhancement projects for international corporations. He holds an MBA with a focus on Finance (lic. oec. publ.) and has broad training in the field of organizational development and organizational consulting. Caspar is a coach pool member of several international organizations (among others Daimler AG, KPMG and EDA). He performs peer coaching services at ELN, a company specializing in peer coaching environments for senior executives. As co-editor of the leading German-speaking journal for Change Management and Corporate Development 'OrganisationsEntwicklung' (www.zoe.ch), Caspar Fröhlich is engaged around the theme of organizational change and change management also on the theoretical level. He is member of the Association of Management Consultants ASCO Switzerland, the International Coach Federation ICF and the European Mentoring and Coaching Council EMCC and acts as a research associate of several universities. He holds a diploma in processoriented psychology of Switzerland.

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Brigitte Gägauf, Dipl. POP, CH-Benken



I got my diploma on Process Work in 2011 after having studied 6 years in Zurich, Switzerland. During my studies I spent an internship at a rehab centre for women suffering from alcohol abuse. In my private practice I accompany men and women (unfortunately very little men) with various problems. I am every time very touched when I realize what is possible in therapy or coaching sessions when working with Process Work. Guiding people to their roots or essence levels and, when found, to go on from there is every time a wonderful experience. I am still learning and enjoy learning more every day. I am married and live with my husband and two cats in Switzerland on the countryside near the mountains. I also work as an IT professional. I support technical issues, help desperate users to understand the software they need to work with, program websites, manage IT projects and am very happy that I know Process Work. That helps a lot when being in all these different roles as an IT professional. I speak English and German. And on my website www.gaegauf.ch (currently only in German, will be updated soon) you might find more information.

Language: German, English, **contact:** Switzerland, **e-mail:** gaegauf@netzton.ch

Will Hall, MA DipIPW,



has studied Process Work since 1996 and received his diploma in 2011. Recovered from a diagnosis of schizophrenia, Will works internationally with professionals and patients around extreme states and mental health, and uses altered states as a pathway for spiritual and social liberation. Will is queer and mixed race Choctaw Indian, and works frequently with trauma empowerment for marginalized groups, including power and rank dynamics in individuals, couples, and groups. His community development organizing includes peer support, rights advocacy, and hosting Madness Radio, and he has worked with grassroots organizations in Europe, Latin America, and Canada as well as across the US. Will has studied dance and Action Theater, and is a longtime meditator, yoga practitioner, and a certified NADA acupuncturist. He is inspired by spirits to share his voice and visions with this alive, dreaming, awakening world.

Language: English, Spanish **contact:** www.willhall.net; will@willhall.net

Midori Hirai, Dipl. PW



Midori is a process work diplomate who lives in Japan and has her own private practice as well as teaching at Japan Process Work Center. Midori used to live in Portland, Oregon, USA when she was a process work student. And as her internship training, she worked at the River's Way student Clinic in Portland for nearly 3 years. Her first language is Japanese, and English is her second language. From her experiences at the River's Way Clinic and working with people internationally, she believes that although language is a very important tool which helps us understand each other, at the same time, there is something beyond language when we communicate each other. She is interested in creativity, intercultural relationships, death and dying process and life transitions. Midori has a silent side that believes in listening to nature and sensing magical moments in the realm of metaphysics and energy work.

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Sally Olsberg, Dipl PW



I have been a psychotherapist in private practice since 1987. I trained originally in Reichian bodywork therapy, then in process work, receiving my diploma from RSPOP (UK) in 1999. After that, I was a teaching member of the UK faculty until 2010. My special interests have included addictions and altered and extreme states of consciousness. In recent years, my main work has been with employees and I have gained considerable experience around workplace stress. Before training as a therapist, I worked as a professional astrologer, a travelling saleswoman and a civil servant amongst other things. I recently trained in E.M.D.R. (eye movement desensitisation and reprogramming) and this has extended my interest in the understanding and treatment of trauma and post-traumatic symptoms, and how this approach can be used alongside the skills and metaskills of process work. I am very happy at the prospect of working again with students of process work as I have never stopped loving the paradigm and have much experience in teaching supervising and being the therapist to students. It is wonderful to learn together, using our joint awareness to discover the depths, challenges and joys of process work. Last year, I started to play flute again after many years and have been having great fun playing with friends in a country music band.

Language: English, **contact:** UK, **e-mail:** sallyo@phonecoop.coop

Aleksandr Peikrishvili, PW. Dipl., L.C.S.W.



is a certified Process Oriented Facilitator, Consultant, Coach, Public Speaker, Diversity Trainer, Therapist and Clinical Social Worker. Aleksandr works with a diversity of human experience and, individuals, relationships and groups in Private Practice, in person and on skype, and at one of Portland's community mental health agencies. Aleksandr organized and co-facilitated Worldwork 2011, Denver, Colorado and has facilitated numerous town forums. Aleksandr is excited to have training students of ProcessWork internationally in Slovakia, India and Russia. Aleksandr has been training in and researching Process Oriented Psychology since 1998, receiving his Diploma/Master's in ProcessWork in 2010 in Portland Oregon. Concurrently Aleksandr pursued a Bachelor's in Psychology with a focus in Postmodern Theory and Women's Studies and a Master's in

Social Work at Portland State University, graduating with an M.S.W. in 2007, and becoming licensed as a Clinical Social Worker in July, 2012. Aleksandr is researching performance art as another medium for inner and outer community building, awareness facilitation and therapy. He first performed his autobiographical one-man show, titled a Love Story, exploring the meaning of love, gender and sexuality in the fall of 2010.

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Suzette Payne, MA, Dipl.PW. Faculty of PWI Portland



Loves teaching and supervising Process Work with the MAPW and MACF Cohorts in Portland, Oregon and is a member of the Curriculum Committee. She supports World Work, by serving on the Board of Global Process Institute and is a Co-Executive Director. She helped develop and facilitate at the Open Studio Project, a non-for-profit arts organization and gallery, serving community social justice issues with creative healing and awareness. She is passionate about process, all the arts, World Work and a co-creative field of humans unfolding and living their deepest dreaming.

Language: English, **Contact:** Portland, USA, **e-mail:** suzettepayne@live.com

Sabina Poulsen, Dipl. PW



I'm born in 1960 in Switzerland . I grew up in bilingual family, danish/ swiss german. In my first profession I was a primary school teacher. I got my diploma in Process work in 1992. I was then part of the swiss training faculty and POP community for many years. A part of my work has always been and still is dedicated to chronically ill people, mostly persons suffering of a cancer. In My private practice in Winterthur I work as an individual therapist and also with couples. My group-teaching work of the last years has been around Meditation, healing powers, myths and fairy-tales, creating rituals and introducing deep spiritual experiences with nature. I have undergone a shamanistic training and am trying to apply shamanistic rituals into Process Work and with some clients I'm having private sessions or walks in the nature. Again working some hours teaching young children english, I'm also into paedagogics

and trying to apply my psychological knowledge within the limited borders of an institution, which I find challenging.

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Bea Schönfeldt



born 21.08.1958 in Wuppertal Germany, mother of a son (21 years old). I began my studies of Process-work in 1992 with Jean-Claude and Arlene Audergon " Fear of the unknown" in Germany and I finished with Diplom 2003 in Switzerland in Zürich.

Since 1988 I work as naturopath and group leader on my own. Many clients come with body-symptoms and though I am very used to do process bodywork. One of my passion is communication, I love to work with relationship in any case. My

dissertation was about critics " curse and blessing of critic". I am very inspired by nonviolent communication by M. Rosenberg. In the moment I lead regularly a group of bodywork and I have make trainings in Russia with a collague of processwork beside my private praxis

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Sonja Straub, PhD



I was born and raised in Switzerland and earned my first psychology degree at the University of Zurich in 1984. During that time I began my training with Dr. Arnold Mindell, the founder of Process Work. I became a founding member of the first Process Work center where I had the opportunity to teach and contribute to the research and development of Process Work. In 1990 I earned my Ph.D. in clinical Psychology from the Union Institute. The same year, together with a group of colleagues, I

moved to the United States to open the Process Work Institute of Portland. For many years I have been traveling and teaching throughout the world. Today I am a licensed psychologist in Oregon, work in private practice, and am faculty at the Process Work Institute. Currently I'm mostly interested in the process of learning and supervision.

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Bogna Szymkiewicz, Ph.D.



Bogna has been teaching for over 20 years at the University of Warsaw. She holds a Diploma in Process Work from Zurich, works with clients in private practice and facilitates groups. She is a co-founder of Process Work School in Poland where she teaches regularly. She is an author of many articles and books, including "Wounded States of Consciousness. About Pain, Anger and Unconscious use of Power in Relationships" (in Polish). More on www.bogna.eu .

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Alexandra Vassiliou Ph.D.,



Alexandra works as a therapist, conflict resolution facilitator and process work trainer. She is a founding member of the Greek process work community. She was trained in process work at the Process Work Institute, in Portland, Oregon, where she graduated in 1996. Since then, she made Athens her base and works in Greece and abroad. She is particularly interested in the relationship between personal and social change.

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Thierry Weidmann, lic. phil., Dipl. POP



I grew up in North America and Switzerland. Besides working in private practice (psychotherapy, supervision, coaching), teaching as a member of the PW faculty and co-directing the Institute of Processwork Zürich, he loves to facilitate groups, teams and institutions in the field of education, social engagement, psychiatric clinics, environmental questions and spiritual networks.

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Michal Wertheimer-Shimoni, Dipl. POP



Born 1961 in Israel. Grew-up in Israel and studies at the Hebrew Univ. - B.Agr. In Agriculture, and then in an MA program in History and Philosophy of Science, which I did not complete. Left Israel on a vision quest with my partner in 1991, and almost immediately found my vision in Processwork studies in Switzerland. Lived there between 1991-1998, got my Diploma in 1997 from the Swiss training program. In 1998 came back to Israel and started a private clinic in PW, as well as a training program in Israel, in 2006, together with Gary Reiss, and other Diplomates. I am married, have a 13 yr. old daughter, a dog and a cat. I also love cooking, reading and make cloth art.

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