

## Take Your Own Trail Walk: Minuteman Bikeway, by Clem Larson, Bedford Trails Committee

The **Minuteman Bikeway** starts at Depot Park (see picture below) off South Rd. and Loomis St. This paved path goes 10 miles from Depot Park to Alewife in Cambridge, and is very popular with commuting bikers, walkers, joggers, roller-blade'ers and cross country skiers (traditional and wheeled).

According to <http://minutemanbikeway.org>: "the Minuteman Bikeway is one of the most popular and successful rail-trails in the United States, enjoyed for both healthy recreation and transportation. . . In 2008, Rails-to-Trails Conservancy inducted the Minuteman Bikeway into the national Rail-Trail Hall of Fame."

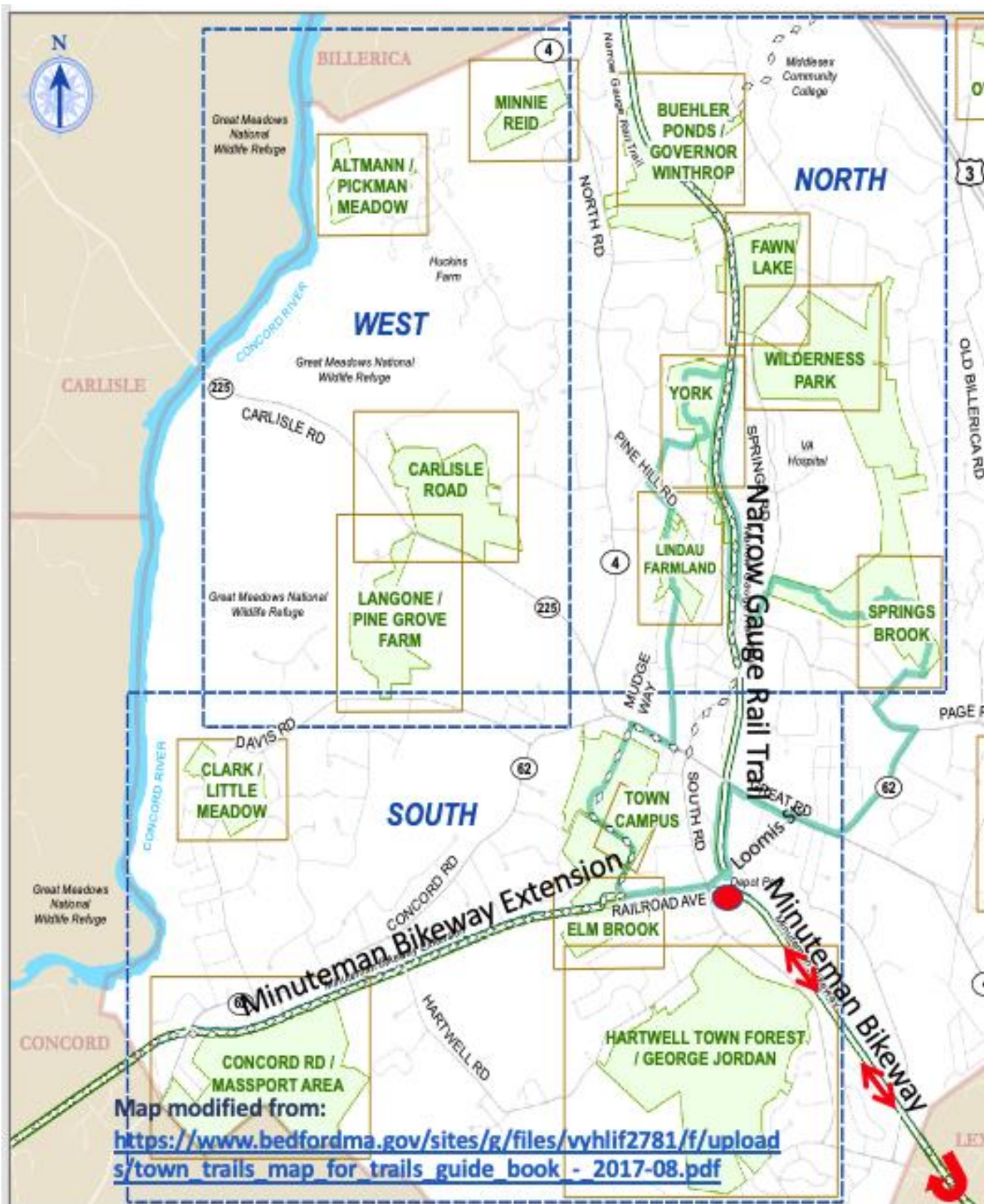
**Difficulty Level:** **Easy:** This trail is entirely on a flat paved path and sidewalks over 10 miles each way. ***The Minuteman Bikeway is typically very busy, especially on weekends. Please walk no more than two abreast, keep to the right, and be alert for bikers.***

**Driving Directions:** From the Bedford Library at 7 Mudge Way, turn right on The Great Road (Routes 4/225/62). Continue on Great Road about 0.2 miles, and turn right at the light at South Rd. Follow South Rd. 0.4 miles, turn left on Loomis St., then take the first right into the Depot Park parking lot (see map).

**Parking:** Please park at the Bedford Depot Park (entrance at Loomis St. near South Rd. (see map)

**Walking Directions:** (see map) This trail walk is basically just an "out-and-back." From the Bedford Depot Park, follow the map directions. Go as far as you like (3.75 miles to Lexington Center, 10 miles to Alewife.





**Note:** Note that all walks are at your own risk. Depending on the time of the year, ticks may be out, and poison ivy may be active. Please wear comfortable, closed-toe walking shoes or boots that can handle wet or mud, and ice and snow in the winter. Children and dogs on leash are welcome.

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