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ST THOMAS AQUINAS
 COLLEGE

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COLLEGE CHRONICLE

Wednesday 16th March 2022

Word from the Principal

Dear Staff, Parents and Friends of the College,

This week our College is participating in the National Day of Action against Bullying and Violence (NDA). The NDA is [Australia's key bullying prevention initiative, connecting schools and communities to find workable solutions to prevent bullying.](#)

With the Feast of St Joseph coming up this Saturday 19th of March, it is good to recall that St Joseph is our model of paternal protection. For example, as the head of the Holy Family he was not high-minded, nor did he ever aggressively assert himself in a manner that would harm others. He was meek and humble of heart, compassionate and always concerned for the wellbeing of Mary and Jesus. He always sought to unite not divide, to be a peacemaker not a troublemaker, to protect and provide for his family, not attack, bring down, harm or hurt those around him. In short, he was a model of Christian charity and a model of fatherhood. This last point should be emphasised with your sons so they understand that manhood is not defined by aggressive shows of power, but by one's ability to protect and provide for those under one's charge.

Eliminating bullying requires a whole-school approach. That is why this week our homeroom teachers and House Mentors are dedicating time every morning to help our students become more aware of the nature of bullying, the impact it has on the victim, how to prevent it and how to get help.

Three key characteristics outlined in the national definition of bullying distinguish bullying behaviours from other forms of peer aggression behaviours which do not constitute bullying. The key characteristics of bullying include:

1. power imbalance
2. deliberate intent to cause harm, and
3. ongoing and repeated behaviour.



While the following behaviours of peer aggression do not constitute bullying, these behaviours may still be serious and require intervention at home and at school:



- arguments and disagreements (where there is no power imbalance)
- single acts of social rejection or meanness, or
- isolated incidents of aggression, intimidation or violence.

It is important for our entire school community, including our staff, parents, carers and students to have a clear understanding of the definition of bullying to be able to distinguish these behaviours from peer aggression, and correctly identify and respond to incidents of bullying. The full national definition can be [read here.](#)

Knowing the [types of bullying behaviour](#) can also help you identify if the incident is bullying, or peer aggression. While neither of these behaviours are tolerated at our College, they do require different management strategies, and the first step for responding is to correctly identify the behaviour.

If you have concerns that your child is being bullied, please contact the classroom teacher in the first instance. You will be referred to the Principal if a satisfactory outcome is not achieved. If you believe the behaviour constitutes a crime, or is a serious incident of cyberbullying, please refer to the Bullying. No Way! website for information on [how to report](#) to other authorities and [gaining further help.](#)

Sincerely yours in the Two Hearts,

Father Andrew Cranshaw
Principal

VIRTUE THIS WEEK

LOYALTY

Accepting the bonds implicit in relationships and defending the virtues upheld by Church, family & country.

COLLECT - SECOND SUNDAY OF LENT

O God, Who seest that we have no power whatever from ourselves, keep us both outwardly in our bodies and inwardly in our souls; that we may be defended from all adversities which may happen to the body and from all evil thoughts which may hurt the soul. Through Our Lord, Jesus Christ, Thy Son, Who lives and reigns with Thee in the unity of the Holy Spirit, God, forever and ever. Amen.



Instaurare omnia in Christo
 To restore all things in Christ

From the Deputy Principal

Dear Parents,

With the disruption of what is occurring on both a State, National and Global level, Lent provides us with the opportunity to pause and reflect. A time to reflect on our need to forgive, to make peace, to heal and to give generously of our gifts and resources.

Lent invites us to concentrate on the spiritual quality of our lives. Just as we have been reminded throughout the pandemic of the importance of the mental and physical quality of our lives, this spiritual dimension turns our attention outside of ourselves toward others and to God.

As a College, we view this spiritual dimension as critical not only to our personal wellbeing but also to the holistic development of our students, one which regards the full flourishing of the human person as deeply reliant on the full flourishing of all of humanity.

A distinctive characteristic of Jesus was his compassion for the people he met particularly those who were suffering. Jesus' teaching and his example of great compassion towards the vulnerable resonates deeply in the life of our College community. We seek to walk with the vulnerable in ways that bring hope and healing – and life to the full.

It is important that we acknowledge the students' questions and concerns about what is occurring within their own lives and beyond their local context. We can do this by:

- Reassuring them that you will try to support them
- Avoid minimising the issue, or saying dismissive things that imply the issue is not important
- Find a suitable place to talk and discuss their concern
- Ensure that your voice is calm and your body language is open as you listen
- Listen without interrupting, using only encouraging questions or sounds to show you are listening

Only after you have heard their whole story should you ask specific questions if you need more details

A lovely addition to this edition of the Chronicle, is the Profiles of our Foundation students. The completion of these profiles across the Primary school, have provided a beautiful insight into the student beyond the classroom.

Kind regards

Kieran O'Dwyer - Deputy Principal

Year 7/8 FENCING CLASSES

Our college is pleased to welcome back coach Brook Dunstan to run an introductory fencing course for the Year 7-8 boys and girls during their timetabled HPE double lessons on Wednesday and Friday mornings during periods 1-2.

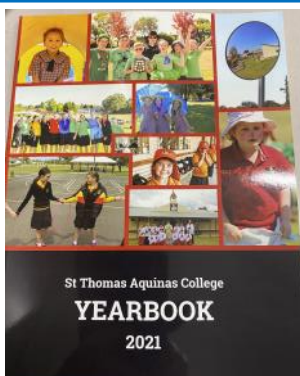
The boys will take part in fencing on the following Wednesdays:

16 March, 23 March, 30 March, 6 April

The girls will take part in fencing on the following Fridays:

18 March, 1 April, 8 April

(There will be no fencing program on Friday 25 March due to the Year



2021 YEARBOOK ON SALE NOW

The Yearbook can be purchased from the College Office.

Cost is \$20 per book.

Payment can be made by cash or credit card.

STUDENT PROFILE

MY NAME IS... Evangelina
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
horse rider

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

MY NAME IS... Cristina
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
teacher

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

MY NAME IS... Augustine
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
teacher

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

MY NAME IS... Timothy
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
hunter

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

MY NAME IS... Gemma
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



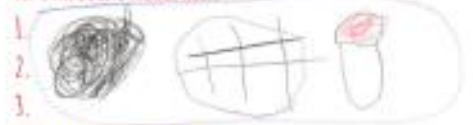
WHEN I GROW UP, I WANT TO BE A...
teacher

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

MY NAME IS... Mark
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
police man

MY FAMILY (INC. MY PETS)



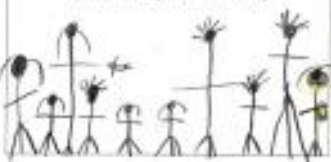
STUDENT PROFILE

MY NAME IS... Carmella
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
a mum

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

MY NAME IS... Rebecca
I AM IN GRADE... Foundation
MY 3 FAVOURITE THINGS ARE...



WHEN I GROW UP, I WANT TO BE A...
teacher

MY FAMILY (INC. MY PETS)



STUDENT PROFILE

My name is... Thea
I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
potamus



STUDENT PROFILE

My name is... Lexi
I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
pina



STUDENT PROFILE

My name is... Holly
I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
water



STUDENT PROFILE

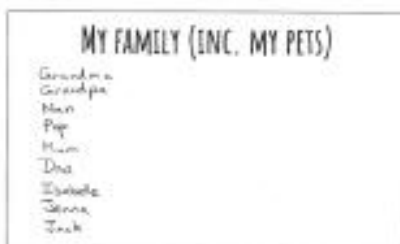
My name is... Charlie

I am in Grade... Foundation

My 3 favourite things are...

1. Paw Patrol
2. Wheelchair
3. Train and bike

When I grow up, I want to be a... farmer



STUDENT PROFILE

My name is... Mark

I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
police



STUDENT PROFILE

My name is... Hunter

I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
scientist



STUDENT PROFILE

My name is... Sophie

I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
a horse rider



STUDENT PROFILE

My name is... Verity

I am in Grade... Foundation

My 3 favourite things are...

1. 
2. 
3. 

When I grow up, I want to be a...
a vet



STAC HAPPINESS PHOTO COMPETITION



To coincide with World Happiness Day on 20th March, photography submissions are open for the **'STAC HAPPINESS' Photo Contest 2022**.

We would like to focus on the things that bring happiness to our lives. We all have places, people, pets, hobbies that bring us happiness, and we are inviting you to share these with us through this photography contest.

As appropriate photos are received, they will be printed and displayed in the library.

A digital copy can be forwarded to Mr O'Dwyer - kieran.odwyer@stac.vic.edu.a

All submissions must be original photos taken by the photographer

All submissions must have necessary information embedded into photographs:

- Name,
- Grade
- Description of why it is a 'happy' photo (maximum word limit: 30 words),

Entries close on Monday 21st March 2022. A panel of STAC Happiness and Photography experts will judge the the Primary, Secondary and Overall winners.

WOODWIND AND STRING MUSIC LESSONS At ST THOMAS AQUINAS COLLEGE

Flute, oboe, clarinet, saxophone, Violin, and cello, lessons are available at STAC.

There are group lessons or private lessons available.

Group lessons are \$10 a week.

Private lessons of 20min are \$18, and 30min are \$27 per week.

Please call Sarah Considine if interested on Mob:0427885306.



PIANO TUITION

For piano tuition, please contact the Office on 56292500.



Secondary Girls

KINDESS

Claudia Hanney, Charlotte Ockerse, Annette MacDonald, Keva Perez-Melei, Zuri Perez-Melei, Josephine Soefting, Isabelle Taylor, Lucy Phillips, Judy Abraham, Emily Houston, Emily Morgan, Lucy Armstrong, Aleisha Higgins, Lauren Elliott, Madeleine Hovens, Josephine Nivet, Isabelle Higgins, Isabelle Lewis, Jessica Phillips, Poppy Taveira, Joanna Verleg, Mia Beckenham, Rebecca Fitzpatrick, Josephine MacDonald, Victoria Stevenage, Christiane Ryan, Anna Hardiman, Anne Ockerse, Alana Houston, Claire Spowell, Dallas MacDonell, Holly Phillips, Stephanie Verleg.

Respect

Isabelle Taylor, Judy Abraham, Emily Houston, Lauren Elliott, Madeleine Hovens, Joanna Verleg, Mia Beckenham, Victoria Stevenage, Lilian de Castella, Anna Hardiman, Alana Houston, Claire Spowell, Holly Phillips, Stephanie Verleg.

Perseverance

Judy Abraham, Emily Houston, Lucy Armstrong, Aleisha Higgins, Madeleine Hovens.

Responsibility

Judy Abraham, Emily Houston, Lucy Armstrong, Aleisha Higgins, Lauren Elliott, Joanna Verleg, Mia Beckenham.

Secondary Boys

KINDNESS

Mark Obrador, Santino Tommasi, Sebastian Hayward, Tony Nagaraj, Joseph Hardiman, Thomas Ward, Luca Attard, Thomas Davis, Hugo Ward, Jacob Smit, Orlando de Castello, Marcel Upston, William Fahey, Mitchell MacDonald, Matthew Spowell, Bailey MacDonnell, Deffy Wangkaew, Laurence Ockerse, Braydan Rayner, Sebastian Fahey, John Higgins, Xavier Taveira, Charles Upston, Dominic de Farias, Daniel Freriks, Julian Hovens, Joseph Morgan, Ethan Ward, Cameron Armstrong, Immanuel Saldanha, Simon Taveira.

Respect

Hugo Ward, Jacob Smit, Chara Wangkaew, Orlando de Castella, William Fahey, Joachim Hayward, Mitchell MacDonald, Laurence Ockerse, Braydan Rayner, Ethan Ward, Simon Taveira.

Perseverance

Orlando de Castella, Marcel Upston, William Fahey, Laurence Ockerse, Braydan Rayner, Sebastian Fahey, Simon Taveira.

Responsibility

Mark Obrador, Santino Tommasi, Joseph Hovens, Hugo Ward, Marcel Upston, William Fahey, Sebastian Fahey, Ethan Ward.

Initiative

Sebastian Fahey.

Primary

KINDNESS

Christina Mandarano, Thea Attard, Rachael Morgan, Sebastian Hau Kautai, Paula Obrador, Helena Attard, Summer Cleary.

Diligence

Sophia MacDonald, Gemma Pullen, Harriet Gomez, Rachael Morgan, Majella Verleg, Joseph Obrador, Louis Nivet,

Perseverance

Holly Wesa, Charlie Lewis, Marius Zaccari, Jenna Lewis,

Virtues are awarded to those in Secondary who obtain three votes for the week from the teachers and in Primary two votes are required.

Well done to all our students who have featured this week.

YEAR 12 FOOTY TIPPING COMPETITION 2022



\$10 ENTRY PER PERSON

PRIZES

1ST PRIZE- \$75 WESTFIELD VOUCHER

2ND PRIZE- \$25 WESTFIELD VOUCHER

Each participant will be given a weekly tipping sheet.

Once completed, hand in tipping sheet to the school office or by emailing your tips to the address below.

If you don't hand in your tips on time, your tips will be automatically placed on the away team.

A weekly score board will be pinned on the relevant sub-school notice board.

Students Year 5 and up, teachers and parents welcome to play.

(To enter contact Isaac Braaksma or Alana Houston or
email: yr12footytipping@stac.vic.edu.au)

Place money in an envelope with your name clearly written on it and hand it in to the school office or give it to Isaac Braaksma or Alana Houston.

Sign up on one of the sign-up sheets in the relevant sub-school or email the address above.

Year 12 Fundraiser

Easter Egg Counting Competition will be held each Tuesday and Thursday afternoons from 1pm to 1:25pm each week throughout Lent. Location is out the front of the library.



St Patrick

Bishop, Apostle of Ireland (373-464)



If the virtue of children reflects honour on their parents, much more justly is the name of Saint Patrick rendered illustrious by the innumerable lights of sanctity which shone in the Church of Ireland during many ages, and by the colonies of Saints with which it peopled many foreign countries. The Apostle of Ireland was born in Scotland towards the close of the fourth century, in a village which seems to be the present-day Scotch town of Kilpatrick, between Dumbarton and Glasgow. He calls himself both a Briton and a Roman, that is, of mixed extraction, and says his father was of a good family named Calphurnius. Some writers call his mother Conchessa, and say she was the niece of Saint Martin of Tours.

In his sixteenth year he was carried into captivity in Ireland by barbarians. There he was obliged to shepherd cattle on the mountains and in the forests, in hunger and nakedness, amid snow, rain, and ice. The young man had recourse to God with his whole heart, in fervent prayer and fasting, and from that time faith and the love of God acquired a constantly renewed strength in his tender soul. After six months spent in slavery, Saint Patrick was admonished by God in a dream to return to his own country, and was informed that a ship was then ready to sail there. He went at once to the seacoast, though at a great distance, and found the vessel, but he could not obtain his passage - probably for want of money. Patrick was returning to his hut, praying as he went, when the sailors, though pagans, called him back and took him on board.

Some years afterwards he was again taken captive, but recovered his liberty after two months. While he was at home with his parents, God manifested to him, by divers visions, that He destined him for the great work of the conversion of Ireland. His biographers say that after his second captivity he travelled into Gaul and Italy, and saw Saint Martin, Saint Germanus of Auxerre, and Pope Saint Celestine, and that he received his mission and the apostolical benediction from this Pope, who died in 432. It is certain that he spent many years in preparing himself for his sacred calling. Great opposition was raised to his episcopal consecration and mission, both by his own relatives and by the clergy. They made him great offers in order to detain him among them, and endeavoured to affright him by exaggerating the dangers to which he exposed himself amid the enemies of the Romans and Britons, who did not know God. All these temptations cast the Saint into great perplexity; but the Lord, whose Will he consulted by earnest prayer, supported him and he persevered in his resolution.

He therefore left his family, sold his birthright and dignity, and consecrated his soul to God, to serve strangers and carry His name to the ends of the earth. In this disposition he passed into Ireland, to preach the Gospel where the worship of idols still generally reigned. He travelled over the island, penetrating into the remotest corners, and such was the fruit of his preaching and sufferings that he baptized an infinite number of persons. Everywhere he ordained clergymen, induced women to live in holy widowhood and continence, consecrated virgins to Christ, and founded monasteries, not without many persecutions.

2022 CALENDAR

MON	TUES	WED	THURS	FRI
14 Mar LABOUR DAY Holiday	15 Mar Interhouse Lunch time Sport LUNCH ORDERS	16 Mar Interhouse Lunch time Sport FENCING - 7/8B	17 Mar Feast of St Patrick	18 Mar FENCING - 7/8G
21 Mar ANTI BULLYING WEEK INTERHOUSE VOLLEYBALL	22 Mar Interhouse Lunch time Sport LUNCH ORDERS	23 Mar Interhouse Lunch time Sport FENCING - 7/8B	24 Mar	25 Mar FEAST OF THE ANNUNCIATION SSV 7/8 Volleyball GRIP LEADERSHIP
28 Mar	29 Mar Interhouse Lunch time Sport LUNCH ORDERS	30 Mar Interhouse Lunch time Sport FENCING - 7/8B	31 Mar	1 Apr FENCING - 7/8G FOOD FRIDAY
4 Apr	5 Apr SSV Senior Volleyball Interhouse Lunch time Sport	6 Apr Interhouse Lunch time Sport FENCING - 7/8B	7 Apr	8 Apr FENCING - 7/8G

OFFICE HOURS

8:15am - 3:30pm
MONDAY - FRIDAY

TERM DATES

1st Term: Monday 31st January - Wednesday 13th April
2nd Term: Tuesday 3rd May - Friday 24th June