## **SEPTEMBER 2022**

Variety of fruits & vegetables daily 1% white & NF Chocolate milk available daily

North Bend Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	5		No School	No School 2
				(00)
No School 5	No School 6	Lasagna w/ Garlic Bread Bean & Cheese Burrito Chicken Sandwich	Turkey Sandwich Popcorn Chicken Bowl Nacho's	Pulled Pork Sandwich Pizza
Rib Griller Chicken Cordon Bleu Corndog	Soft Taco Cheese Burger Chicken Tenders w/ Roll Fresh Salad w/ Roll	Meaty Spaghetti w/ Garlic Bread Chicken Sandwich Fresh Salad w/ Roll	Sloppy Joe Potato Soup w/ Roll Nacho's Fresh Salad w/ Roll	Chicken Fajita Bowl Pizza
Asian Chicken Bowl Ham Mac& Cheese Corn Dog	Yogurt Basket Cheese Burger Chicken Tenders w/ Roll Fresh Salad w/Roll	Chicken Alfredo w/ Garlic Bread Chicken Sandwich Fresh Salad w/ Roll	Chicken Parm. Melt Swiss & Turkey Wrap Nacho's Fresh Salad w/ Roll	Fish Sticks w/ Corn Bread Pizza
Salisbury Steak w/ Mashed Potatoes & Roll Teriyaki Meatball w/Rice Corndog	Cheese Enchilada Cheese Burger Chicken Tenders w/Roll Fresh Salad w/ Roll	Lasagna w/Garlic Bread Tuna Sandwich Chicken Sandwich Fresh Salad w/ Roll	Cheese Quesadilla Chicken Nugget w/ Roll Nacho's Fresh Salad w/ Roll	Campfire Dog Pizza

All meals are made with whole grains Menu is subject to change This institution is an equal opportunity provider.