OCTOBER 2022

North Bend Middle School

Variety of fruits & vegetables daily 1% white & NF Chocolate milk available daily

Monday	Tuesday	Wednesday	Thursday	Friday
Teriyaki Chicken w/Rice Sloppy Joe Corndog	Cottage Cheese Plate Cheeseburger Chicken Tender w/Roll Fresh Salad w/Crackers	Bean & Cheese Burrito Chicken Sandwich	Meatloaf w/Mashed Potatoes & Roll Sub Boat Nachos Fresh Salad w/Crackers	No School 7
Roasted Turkey w/Mashed potatoes & Roll BBQ Chicken Sandwich Corndog	Ham & Cheese Roll up Cheeseburger Chicken Tender w/Roll Fresh Salad w/ Crackers	w/ Garlic Bread Baked Mozzarella Stick	2 Rib Griller Chicken Fajita Wrap Nachos Fresh Salad w/Roll Crackers	Sun butter & Jelly Pizza
Chicken Drumstick w/Mashed Potatoes & Roll Sweet & Sour Meatball w/ Rice Corndog	Meatball Sub Cheeseburger Chicken Tender w/Roll Fresh Salad w/Crackers	w/ Garlic Bread Bean & Cheese Burrito	7 Turkey Sandwich Popcorn Chicken Bowl Nachos Fresh Salad w/Crackers	Pulled Pork Sandwich Pizza
Chicken Cordon Bleu BBQ Rib Griller Corndog	Soft Taco Cheeseburger Chicken Tender w/Roll Fresh Salad w/Crackers	w/ Garlic Bread Baked Mozzarella Stick	Sloppy Joe Potato Soup w/Crackers Nachos Fresh Salad w/Crackers	No School 28
Ham Mac & Cheese w/Roll Asian Chicken Rice Bowl Corndog		AXX		

All meals are made with whole grains Menu is subject to change This institution is an equal opportunity provider.